

FRANKFURT BOOK FAIR 2016

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GUIDE

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GENERAL NON-FICTION





23rd February, 2017
Hardback, 320 pages

IN THE ZONE: WHAT SPORT TEACHES US ABOUT LIFE

MATTHEW SYED

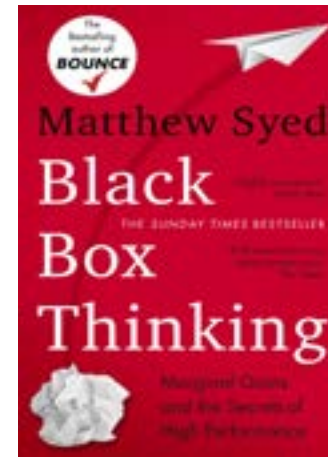
Matthew Syed, the Sunday Times No.1 bestselling author of *Black Box Thinking*, returns with a collection of award-winning writing on the science and psychology of sport.

What can Roger Federer teach us about the secret of longevity?

What do the All Blacks have in common with improvised jazz musicians?

And why did Johan Cruyff believe that beauty was more important than winning?

In chapters ranging from 'Icons' to 'Innovation', from 'Culture' to 'Teamwork', Matthew Syed, the 'Sports Journalist of the Year 2016', answers these questions and more in a fascinating, wide-ranging and provocative book about the mental game of sport.



7th April, 2016

Paperback, 352 pages



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BLACK BOX THINKING: MARGINAL GAINS AND THE SECRETS OF HIGH PERFORMANCE

MATTHEW SYED

Columnist for The Times and bestselling author of *Bounce: The Myth of Talent and the Power of Practice* Matthew Syed argues that the key to success is a positive attitude to failure.

The Sunday Times No.1 Bestseller

From the Bestselling Author of *Bounce*

What links the Mercedes Formula One team with Google?

What links Team Sky and the aviation industry?

What connects James Dyson and David Beckham?

They are all Black Box Thinkers.

Black Box Thinking is a new approach to high performance, a means of finding an edge in a complex and fast-changing world. It is not just about sport, but has powerful implications for business and politics, as well as for parents and students. In other words, all of us.

Drawing on a dizzying array of case studies and real-world examples, together with cutting-edge research on marginal gains, creativity and grit, Matthew Syed tells the inside story of how success really happens - and how we cannot grow unless we are prepared to learn from our mistakes.

Matthew Syed is a leading columnist and feature writer for The Times and twice winner of the 'Sports Journalist of the Year' at the British Press Awards. He has authored features for the BBC current affairs programme *Newsnight* and regularly appears on CNN International and World Service TV. After graduating from Oxford University with a prize-winning First in Politics, Philosophy and Economics,

Matthew Syed's first book *Bounce* was shortlisted for the William Hill Sports Book of the Year and became a UK bestseller. Matthew's second book *Black Box Thinking* was a Sunday Times number one bestseller.



26th January, 2017

Hardback, 208 pages

OPTION PUBLISHERS:

Russia (Azbooka); Portugal (Bertrand); China (China Renmin); Japan (Flimart-Sha); Arabic (Jarir); Marathi (Mehta); Turkey (Pegasus); Brazil (Rocco); Thai (We Learn); Korea (Wisdom House Publishing) and US (Penguin)



IDEAS ARE YOUR ONLY CURRENCY

ROD JUDKINS

Acclaimed artist and business consultant Rod Judkins reveals how to inspire great ideas, and how to future-proof yourself in the knowledge economy.

FUTURE-PROOFING FOR THINKERS.

'What skills and abilities will a student need to prosper in five, ten, or fifteen years' time?'

In a world of change, where skills become out of date quickly, it is ideas that last.

We all need to be prepared for a world that is fluid, global and interdisciplinary. Distinctions between specialties will blur and overlap. Change is happening at electrifying speed. In this vortex there are no maps.

Featuring 100 interactive chapters to inspire groundbreaking new ideas, this is perfect for fans of Keri Smith's *Wreck this Journal*, Paul Arden's *It's Not How Good You Are* and Rolf Dobelli's global bestseller *The Art of Thinking Clearly*.

Rod Judkins is an accomplished lecturer at Central St Martin's, one of the world's pre-eminent art schools. Judkins has lectured on the subject of creativity at universities and to businesses around the world. He blogs at Psychology Today, and also acts as a consultant to numerous private companies.



1st JUNE 2017

Hardback, 336 pages

RIGHTS SOLD IN: Italian (Mondadori); Portuguese - Brazil (Planeta); Romanian (Editura Trei)

IN PURSUIT OF MEMORY THE FIGHT AGAINST ALZHEIMER'S

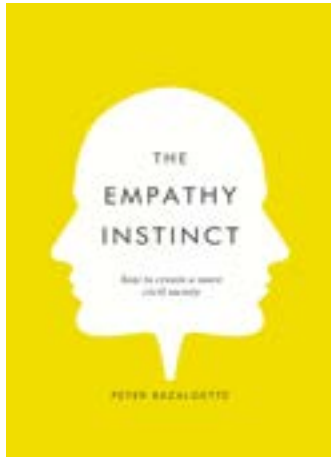
DR JOSEPH JEBELLI

A human history of Alzheimer's, the science behind it and the race to find a cure.

In Pursuit of Memory is a fascinating and comprehensive portrait of this cruel and pervasive disease: the stories of the heroic scientists who have been working to bring it to public attention and eradicate it since its discovery a little over 100 years ago, the cutting-edge science behind it, and the families and patients living with it all over the world.

When Joseph Jebelli was twelve, his beloved grandfather began to act very strangely. Before long, he didn't recognise the rest of the family any more. Dr Jebelli has dedicated his career to understanding the disease that affects millions worldwide - 850,000 people in the UK alone. Based upon years of meticulous research, *In Pursuit of Memory* balances the stories of sufferers and their families with his compelling insider's account of this terrible disease and the scientists who are trying to find a cure against the clock.

Dr Jebelli is a 30-year-old British neuroscientist with a burgeoning media profile who began working on Alzheimer's—specifically, using the body's immune system to halt its progress—while doing his PhD in neurobiology at UCL. He has written for the Guardian and the Wellcome Trust. This is his first book.



26th January, 2017

Hardback, 304 pages



THE EMPATHY INSTINCT:HOW TO CREATE A MORE CIVIL SOCIETY

PETER BAZALGETTE

How the art and science of compassion can build a better society

Empathy is the power of understanding others, imaginatively entering into their feelings. It is a fundamental human attribute, without which mutually co-operative societies cannot function. In a revolutionary development, we now know who has it, who lacks it and why. Via the MRI scanner we are mapping the human brain. This is a new frontier that reveals a host of beneficial ideas for childcare, teens challenged by the internet, the justice system, decent healthcare, tackling racism and resolving conflicts.

In this wide-ranging and accessible book full of entertaining stories that are underlined by the latest scientific research, Peter Bazalgette also mounts a passionate defence of arts and popular culture as a means of bridging the empathy gap.

As the world's population expands, consuming the planet's finite resources, as people haunted by poverty and war are on the move and as digital communications infinitely complicate our social interactions, we find our patience and our sympathy constantly challenged. Here is the antidote.

Culminating in a passionate manifesto on empathy, *The Empathy Instinct* is what makes us human and what can make us better humans.

Sir [Peter Bazalgette](#) was Chair of Arts Council England from 2013-2017. He also chaired the UK Holocaust Memorial Foundation. He was educated at Dulwich College and read Law at Fitzwilliam College, Cambridge but escaped the law to spend most of his career working in television. He devised some of the biggest entertainment shows in recent TV history, such as *Ready Steady Cook* and *Changing Rooms*, and brought *Big Brother* to the UK. He now chairs ITV. His previous books include *Billion Dollar Game* and *The Food Revolution* (co-authored). In 2011 he was knighted for services to broadcasting.

NEW SCIENTIST

Since 1956, [New Scientist](#) has established a world-beating reputation for exploring and uncovering the latest developments and discoveries in science and technology, placing them in context and exploring what they mean for the future. Each week through a variety of different channels, including print, online, social media and more, New Scientist reaches over 5 million highly engaged readers around the world.



22nd SEPTEMBER 2016

Hardback, 336 pages

RIGHTS SOLD IN: Chinese - simplified (Hachette Phoenix); Korean (Freelec); Polish (Insignis Media); Norwegian (Font Forlag); Spain (Alianza), Dutch (Veen); Russian (Corpus)

US RIGHTS: Nicholas Brealey Books



NEW SCIENTIST: THE ORIGIN OF (ALMOST) EVERYTHING

DOES ANYTHING EAT WASPS meets INFORMATION IS BEAUTIFUL: A full-colour infographic journey through life, the universe and everything.

Introduction by Professor Stephen Hawking.

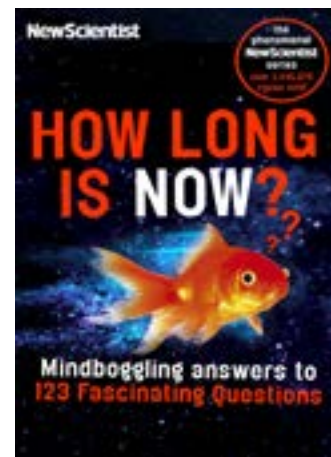
From what actually happened in the Big Bang to the accidental discovery of post-it notes, science is packed with surprising discoveries. Did you know, for instance, that if you were to get too close to a black hole it would suck you up like a noodle (it's called spaghettification) or why your keyboard is laid out in QWERTY (it's not to make it easier to type).

And now they and the *New York Times*' brilliant graphics editor Jennifer Daniel want to take you on a whistlestop journey from the start of our universe (through the history of stars, galaxies, meteorites, the Moon and dark energy) to our planet (through oceans and weather to oil) and life (through dinosaurs to emotions and sex) to civilization (from cities to alcohol and cooking), knowledge (from alphabets to alchemy) ending up with technology (computers to rocket science).

Witty essays explore the concepts alongside enlightening infographics that zoom from how many people have ever lived to showing you how a left-wing brain differs from a right-wing one.

New Scientist

Since 1956, New Scientist has established a world-beating reputation for exploring and uncovering the latest developments and discoveries in science and technology, placing them in context and exploring what they mean for the future. Each week through a variety of different channels, including print, online, social media and more, New Scientist reaches over 5 million highly engaged readers around the world.



20th OCTOBER 2016

Hardback, 336 pages

US RIGHTS: Nicholas Brealey Books



NEW SCIENTIST: HOW LONG IS NOW? FASCINATING ANSWERS TO 191 MIND-BOGGLING QUESTIONS

The New Scientist's brilliant million-selling Christmas book comes of age, exploring everything from the science of bubbles to whether cats are better than dogs

Ten years ago *Does Anything Eat Wasps* stormed the charts, selling over 450,000 copies and became a global phenomenon. *The New Scientist* titles have continued to be an annual fixture ever since -- the thinking person's Christmas present of choice -- and have now been translated into over 30 languages. They still sell at least 40,000 copies every year but it's time for a revamp.

How Long is Now will combine the light-hearted silliness of the early books with the more grown-up approach of the more recent books, but now with an extra dash of cool humour.



5th NOVEMBER 2015

Hardback

RIGHTS SOLD IN: Korean (Interpark Int)



CHANCE THE SCIENCE AND SECRETS OF LUCK, RANDOMNESS AND PROBABILITY

The *New Scientist's* sharpest minds provide fascinating insights into luck, randomness, risk and probability.

For you to be here today reading this requires a mind-boggling series of lucky breaks, starting with the Big Bang and ending in your own conception.

So it's not surprising that we persist in thinking that we're in with a chance, whether we're playing the lottery or working out the likelihood of extra-terrestrial life.

From the secrets of coincidence to placing the perfect bet, the science of random number generation to the surprisingly haphazard decisions of criminal juries, it explores these and many other tantalising questions.

New Scientist Instant Expert books are definitive and accessible entry points to the most important subjects in science; subjects that challenge, attract debate, invite controversy and engage the most enquiring minds. Designed for curious readers who want to know how things work and why, the Instant Expert series explores the topics that really matter and their impact on individuals, society, and the planet, translating the scientific complexities around us into language that's open to everyone, and putting new ideas and discoveries into perspective and context.



9th MARCH 2017

Paperback, 224 pages

WHERE THE UNIVERSE CAME FROM: HOW EINSTEIN'S RELATIVITY UNLOCKS THE PAST, PRESENT AND FUTURE OF THE COSMOS

A little over a century ago, a young Albert Einstein presented his general theory of relativity to the world and utterly transformed our understanding of the universe.

In *Where The Universe Came From* leading cosmologists and New Scientist explain that we still have plenty of unfinished business with the cosmos. How does the dark universe shape our cosmic destiny? What is really happening near black holes? Are we any closer to discovering the ripples in space-time predicted by Einstein? Why is relativity not the final answer?



9th MARCH 2017

Paperback, 224 pages



THE QUANTUM WORLD: THE DISTURBING THEORY AT THE HEART OF REALITY

In *The Quantum World* leading physicists and New Scientist take you on a journey through quantum theory, its mind-bending properties and the technologies transforming our world.

Why is the quantum world so strange? Where does it begin and end? And what does this mean for the bedrock of reality?

In attempting to address such frontier questions, physicists have come to realize that the quantum world promises exciting new technologies: the ability to communicate with absolute security, computers more powerful than anything built before and even quantum teleportation.

In *The Quantum World* leading physicists and New Scientist take us on journey through quantum theory, its mind-bending properties and the technologies transforming our world. There is a sting in the tale: is quantum theory truly the ultimate theory of reality?



9th MARCH 2017

Paperback, 224 pages

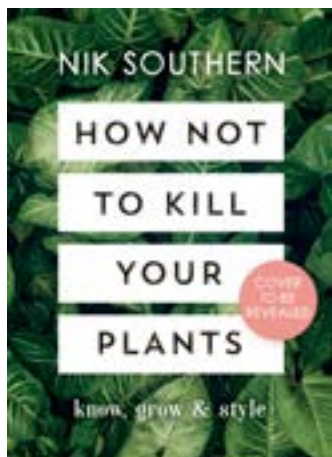


THE END OF MONEY: THE STORY OF BITCOIN, CRYPTOCURRENCIES AND THE BLOCKCHAIN REVOLUTION

The End of Money is an essential introduction to cryptocurrencies and the blockchain revolution. Hailed as the greatest advancement since the invention of the internet, the blockchain is moving away from being the backbone for a digital currency and making inroads into other core concepts of society.

Murder for hire. Drug trafficking. Embezzlement. Money laundering. Market manipulation. Governments overthrown. These might sound like plot lines of a conspiracy thriller, but they are true stories from the short history of "cryptocurrencies". Originally conceived by computer hackers and cryptographers, these digital currencies, represent a completely new sort of financial transaction - one that doesn't need banks.

Yet it's the technology that underpins these cryptocurrencies that has financiers, lawmakers and governments sitting up and taking notice. Hailed as the greatest advancement since the invention of the internet, the blockchain is moving away from being the backbone for a digital currency and making inroads into other core concepts of society: identity, ownership and even the rule of law.



15th JUNE 2017

Hardback, 336 pages



HOW NOT TO KILL YOUR PLANTS:

KNOW, GROW & STYLE

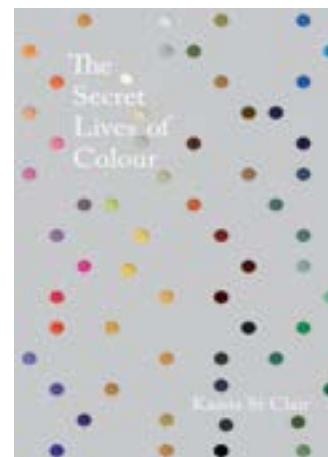
NIK SOUTHERN

The ultimate how-to guide to greening up your home.

How Not To Kill Your Plants is a modern and accessible growers bible that will help you see plants in a different way.

Whether you're green fingered or not this book will enable you to understand a plant's needs in order to know where to place and how to style them, but most importantly how to care for them. Bathrooms can become fern filled rainforests while sitting rooms are your own Amazonian jungle. Open your eyes to growing and styling possibilities in every room with the ultimate resource for greening up your gaff.

After impulsively quitting her job in the city, Nik Southern founded Grace & Thorn, tens of thousands of Instagram followers, and hundreds of sold out DIY planting and styling courses later Grace & Thorn has gathered a cult following amongst customers and brands alike. T



20th OCTOBER 2016

Hardback, 320 pages

RIGHTS SOLD IN: Romanian (Baroque Books); Spanish (Ediciones Urano); Chinese - complex (Motif Press); US (Perigree Books); Dutch (Meulenhoff-Boekerij)



THE SECRET LIVES OF COLOUR

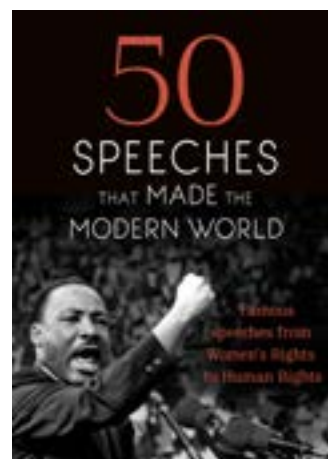
KASSIA ST CLAIR

The unforgettable history of colours and the vivid stories behind them in a beautiful multi-coloured volume.

Our world is technicolour, but behind each shade lie so many fascinating stories. Why do waitresses get better tips if they wear red; did the ancient Greeks see the sea as 'wine-dark' or Welsh not have a word for blue? What colour is named after a 16th-century Archduke's wife's undergarments (which she swore not to wash till her husband came home from war: unfortunately it took 3 years)? And which colour protected people from the plague?

The Secret Lives of Colour explores the cultural significance and history of every hue. Everything from fashion to sweets, politics to art, and Machiavelli to motor racing, is explored in 60 short witty essays.

Kassia St Clair writes for The Economist and Elle Decoration and this is her first book.



6th OCTOBER 2016

Hardback, 256 pages



THE 50 SPEECHES THAT MADE THE MODERN WORLD

CHAMBERS (ED.)

Over 50 memorable and meaningful speeches

Comprehensive, chronological coverage of speeches from the 20th and 21st centuries, taken from all corners of the globe, it covers speeches by Lenin, Ghandi, David Ben-Gurion, Albert Einstein, Fidel Castro, Nikita Khrushchev, Ernesto 'Che' Guevara, Martin Luther King, Malcolm X, Nelson Mandela, Benazir Bhutto, Osama Bin Laden and Aung San Suu Kyi, right up to the most compelling oratory surrounding the 2016 US Presidential elections.

Andrew Burnet is an Edinburgh based journalist and freelance writer and editor. He has compiled and edited two editions of *The Chambers Book of Great Speeches*.



6th OCTOBER 2016

Hardback, 256 pages



THE ODDITORIUM

DAVID BRAMWELL AND JO KEELING

A fascinating, quirky and beautifully illustrated gift book from the creators of the award winning *Ernest Journal*.

The Odditorium is a playful re-telling of history, told not through the lens of its victors, but through the fascinating stories of a wealth of individuals who, while lesser-known, are no less remarkable. Throughout its pages you'll learn about the antics and adventures of tricksters, eccentrics, deviants and inventors.

David Bramwell is the creator of the bestselling *Cheeky Guides* and author of travel memoir *The No9 Bus to Utopia*, which has since evolved into an award-winning one man show, Radio 3 documentary and TEDx talk. Jo Keeling is the editor and publisher of *Ernest Journal*, an award-winning digital and printed magazine for the curious and adventurous.

THE NATURE TABLE

BRETT WESTWOOD, STEPHEN MOSS

A life-affirming nature diary with something amazing to see and experience on every day of the year

From winter encounters with the curious black redstart, which chooses to spend its winters on our freezing, rocky coasts, the first sign that winter might be reaching an end; through spring with its rush of migrant birds and the emergence from her chrysalis of the fragile orange-tip butterfly; into the sounds and smells summer, the glow-worm, or that most bizarre and bewitching of moths, the ghost moth.

The *Nature Table* is a book for anyone who wants to experience the world and to observe how it changes throughout the year.

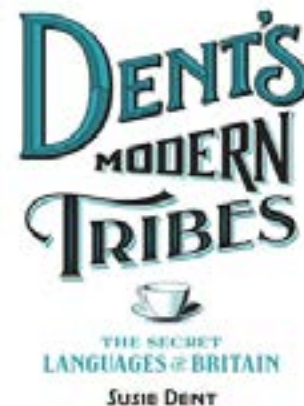
Brett Westwood is an award-winning producer, presenter and naturalist. Stephen Moss is a TV producer and best-selling author.



6th APRIL 2017

Hardback, 332 pages;

RIGHTS SOLD IN PREVIOUS TITLES: Chinese - Simp (Yilin Press); Chinese - Complex (Walkers Cultural Enterprise)



20th OCTOBER 2016

Hardback, 336 pages



DENT'S MODERN TRIBES

SUSIE DENT

Learn how to decode the private languages that are swapped around us every day - amongst cabbies and paramedics, soap stars and comedians, cricketers and barristers - in Susie Dent's unique and witty guide to Britain's modern tribes.

Did you know that ... a soldier's biggest social blunder is called jack brew - making yourself a cuppa without making one for anyone else? That twitchers have an expression for a bird that can't be identified - LBJ (the letters stand for Little Brown Job)? Or that builders call plastering the ceiling doing Lionel Richie's dancefloor? Susie Dent does.

Ever wondered why football managers all speak the same way, what a cabbie calls the Houses of Parliament, or how ticket inspectors discreetly request back-up? We are surrounded by hundreds of tribes, each speaking their own distinct language of colourful words, jokes and phrases, honed through years of conversations on the battlefield, in A&E, backstage, or at ten-thousand feet in the air.

Susie Dent has spent years interviewing hundreds of professionals, hobbyists and enthusiasts, and the result is an idiosyncratic phrasebook like no other. From the Freemason's handshake to the publican's banter, Dent's *Modern Tribes* takes us on a whirlwind tour of Britain, decoding its secret languages and, in the process, finds out what really makes us all tick.

Susie Dent is the resident word expert in Dictionary Corner on C4's *Countdown* and 8 Out of 10 Cats Does *Countdown*. Susie is the author of several books, and has weekly columns in both the *Radio Times* and the website *Mental Floss*.

PRAISE FOR DENT'S MODERN TRIBES

A fabulous read for anyone who loves words, and wants to learn some more. Funny, fact-filled and delightful - *Jonathan Ross*

Wonderfully clever and funny ... a national treasure from a national treasure - *Richard Osman*

A fascinating look at the tribes all around us, from twitchers to taxi-drivers. Every page contains at least one joyful well-I-didn't-know-that linguistic nugget. A must for word geeks everywhere - *Matt Haig*



22nd SEPTEMBER 2016

Hardback, 336 pages;



HERO: DAVID BOWIE

LESLEY-ANN JONES

A unique portrait of the globally revered artist and the complex man behind the legend.

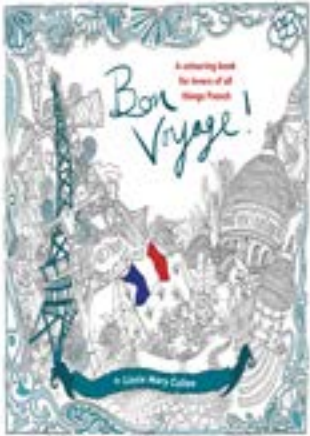
An exploration of the man behind the myths and the makeup told from the very beginning.

Respected music journalist and biographer Lesley-Ann Jones knew David Jones from the days before fame, when he was a young musician starting out, frustrated by an industry that wouldn't give him a break and determined to succeed at whatever cost. Here she traces the epic journey of the boy from Bromley born into a troubled background to his place as one of the greatest stars in rock history.

Bowie's rebellious nature, his many sources of inspiration and creativity, and his complex, intense personality are discussed here, creating a unique and compelling portrait of an extraordinary man. This is Bowie as you've never seen him before.

[Lesley-Ann Jones](#) is a journalist, newspaper columnist and broadcaster. The author of eight published books, she has enjoyed more than twenty-five years in music and the media.

**COLOURING
AND
CRAFTS**



14th JULY 2016

Hardback, 96 pages

BON VOYAGE!

A COLOURING BOOK FOR LOVERS OF ALL THINGS FRENCH

LIZZIE MARY CULLEN

Go beyond colouring in and immerse yourself in an artistic exploration as you discover the je ne sais quoi in all things French.

Discover the beauty of all things French as Lizzie Mary Cullen takes you on a cultural exploration like no other. Trace your pencil through iconic urban spaces, elegant art nouveau patterns, peaceful landscapes and elaborate stained glass rosettes as part of an immersive journey through France and French life. Gild, decorate and bring to life exquisite details, both historic and modern, including hand-made lace, intricate royal gardens, classical architecture, scrumptious patisserie windows and stylish Parisian shops.

Lizzie Mary Cullen is a multi award-winning artist and illustrator based in London. Her work has been featured on BBC, Huffington Post, The Independent and Glamour.



BUENA VISTA: A COLOURING BOOK FOR LOVERS OF ALL

THINGS SPANISH

LIZZIE MARY CULLEN

18th September 2016

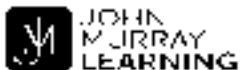
Hardback, 96 pages

DÀJÍ DÀLÌ: A COLOURING BOOK FOR LOVERS OF ALL THINGS MANDARIN CHINESE

LIZZIE MARY CULLEN

AN ADULT COLOURING BOOK FOR LOVERS OF ALL THINGS BRITISH

LIZZIE MARY CULLEN



9th March 2017

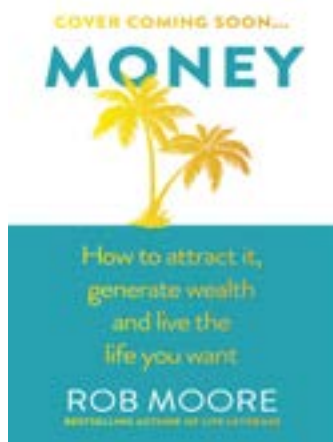
Hardback, 96 pages



3rd November 2016

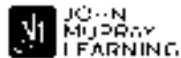
Hardback, 96 pages

BUSINESS AND COACHING



1st JUNE 2017

Trade Paperback 224 pages



MONEY:

HOW TO ATTRACT IT, GENERATE WEALTH AND LIVE THE LIFE YOU WANT

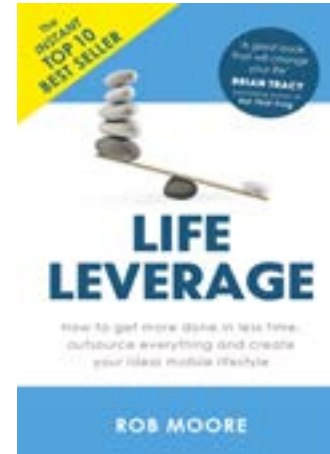
ROB MOORE

This remarkable book will show you how to better understand money, make more of it, and live the life you deserve.

Do you want to get to the stage - soon - where you are truly financially independent, able to use your money in the way you'd like, and be completely confident in your ability to take care of yourself and your family?

That is a universal desire, but many of us regard wealth and financial independence as a goal which we'll likely never achieve - there are just too many bills that need paying and there is a widespread belief that the money game is rigged. Even people who win the lottery or inherit money often seem to wind up losing it. The evidence suggests you can't win a game that you don't understand - even if you start out winning - because you never understood the game in the first place.

So how can you win with money? How can you create independent wealth and hold on to it? This inspiring book by self-made multi-millionaire Rob Moore explains the rules of the game, shares simple tricks for managing money better, details how to create a plan for an ambitious future, and shows you the very best way to become a millionaire - to think and behave like one!



2nd JUNE 2016

Paperback 288 pages

RIGHTS SOLD IN: Chinese - complex (Business Weekly Publications); Chinese - simp (China Renmin University Press); Korean (Dasan Books)



LIFE LEVERAGE:

HOW TO GET MORE DONE IN LESS TIME, OUTSOURCE EVERYTHING & CREATE YOUR IDEAL MOBILE LIFESTYLE

ROB MOORE

You are just one small step away from the life you know you deserve. It's time to leverage your life.

Life Leverage is a new philosophy; a revolution started by multi-millionaire & double world record holder Rob Moore, who went from £50,000 in consumer debt to a fully outsourced, globally mobile lifestyle by his early 30s.

Now a best selling author, in *Life Leverage* Rob reveals the exact philosophy, strategies & tactics you can easily follow to live a time-rich, wealthy & meaningful life, RIGHT NOW, from anywhere in the world, as long as you can get Wi-Fi.

Life Leverage means taking control of your life, easily balancing your work and free time, making the most money with the minimum time input & wastage, and living a happier and more successful life.

Using Rob Moore's remarkable *Life Leverage* model, you'll quickly banish & outsource all your confusion, frustration and stress & live your ideal, globally mobile life, doing more of what you love on your own terms.

'This book shows you how to get more done, faster and easier than you ever thought possible. A great book that will change your life'. Brian Tracy, bestselling author of *Eat That Frog*

Rob Moore is a self made property investor, businessman, entrepreneur, best-selling author, world record holder, speaker, pilot & proud dad, who co-owns 7 companies in property, lettings & finance.

Rob has partnered with many of the biggest business and household names, featured in prime time TV shows for *Living as a business mentor*, on Channel 4, the BBC, The Independent and The Business Channel, as well as mentoring success-hungry people who want to achieve more money & recognition in business & life.



4th MAY 2017

Hardback 288 pages



LEADING WITH VISION THE LEADER'S BLUEPRINT FOR CREATING A COMPELLING VISION AND ENGAGING THE WORKFORCE

BONNIE HAGEMANN, SIMON VETTER
AND JOHN MEKETA

A practical roadmap for leaders to connect with employees on an emotional level and captivate today's workforce by inspiring them with a shared vision.

Leading with Vision is a practical approach for current and aspiring leaders to make a crucial cultural shift and connect with employees on an emotional rather than a cognitive level. It features interviews, stories and examples from leading executives, present and future, from well-known companies including: Bumble Bee, Siemens, Alibaba, Jimbo Supermarkets, Patagonia and more. T

he authors will show you how to captivate today's workforce, abolish the daily grind and create an environment where employees take the stairs two at a time on their way to work.

Bonnie Hagemann is the CEO of Executive Development Associates, a boutique consulting firm specialising in top-of-the-range executive development. She is called on as a subject matter expert for the media, including Forbes, Fast Company, The Wall Street Journal and CNN.

Simon Vetter is the CEO of Stand Out International. Originally from Switzerland, he is a behavioural change expert, working with senior executives and leaders to create lasting transformation and has over 20 years of experience in leadership development, executive coaching and management training.

John Maketa is a nationally respected thought leader and pioneer in innovative leadership. He is the Vice President of Corporate Development for Performance Assessment Network (PAN) where he leads initiatives designed to develop skills for next generation leaders..



4th MAY 2017

Hardback 288 pages

LEADERSHIP MATERIAL HOW PERSONAL EXPERIENCE SHAPES EXECUTIVE PRESENCE

DIANA JONES

Become a better leader by accessing the source of your professional influence.

Viewing them as 'touchy feely', intangible and invisible, most leaders separate their personal lives from their professional lives. Diana Jones, an executive coach for 30-years, argues that this is unwise. In fact, the 'soft side' of leadership - empathy, compassion, and authentic communication derived from personal experience - is both powerful and essential to enhancing executive presence, influencing others and achieving results.

Through compelling stories and examples taken directly from Jones's coaching sessions with experienced leaders, readers will learn how to make enduring behavioural changes that will produce better business results and create alignment among disparate groups using empathy and leadership language.

Diana Jones, brings over 30 years of experience in coaching and leadership development, working with CEOs, managers and teams as they manage change and strive to achieve exceptional business results. <http://diana-jones.com/>

DISRUPT!: 100 LESSONS IN BUSINESS INNOVATION

JAMES BIDWELL

A cutting edge book on innovation and disruption for entrepreneurs, innovators, designers, marketers and fans of creative business and technology

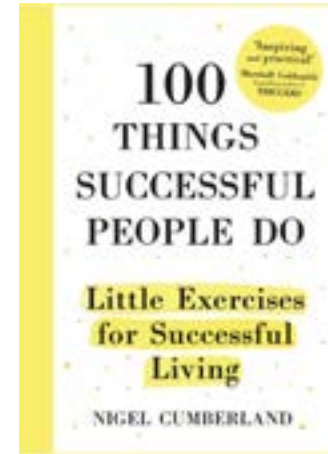
Compiled by Springwise, the global innovation discovery engine, *Disrupt!* explains and highlights the best, most disruptive and most useful innovation ideas of the 21st Century, and shows which themes underpin their success and which ideas can best be used to drive creativity in your workplace, office or industry.

This attractively designed book draws on their vast archive and the expertise of their editorial team to create a practical, themed overview of contemporary innovation with simple, implementable strategies for bringing more creativity to your business or idea and more disruption to your industry. It is an indispensable handbook to modern innovation.

[James Bidwell](#) is CEO of Springwise, operating at the heart of the global start-up, enterprise and innovation communities. Prior to Springwise, James worked for 20 years in businesses where change and innovation were mission critical. Notably, he served as Marketing Director, Selfridges during the turnaround, CEO Visit London in the lead up to the Olympics and CEO Anthropologie, Europe spearheading the launch. James has also played pivotal roles at Disneyland Paris, eToys and Sega as well as leading the turnarounds at Cass Art and EasyArt.

12th OCTOBER 2017

Hardback 320 pages



11th AUGUST 2016

Hardback, 224 pages

RIGHTS SOLD IN: Vietnamese
(Da Thru)

100 THINGS SUCCESSFUL PEOPLE DO

HABITS, MINDSETS AND ACTIVITIES
FOR CREATING YOUR OWN SUCCESS
STORY

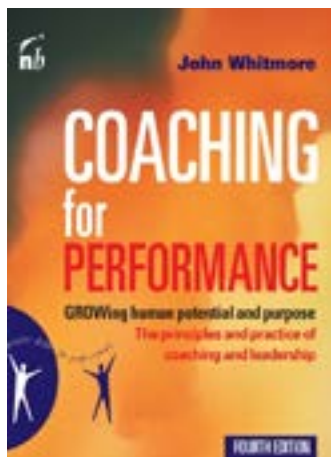
NIGEL CUMBERLAND

A guidebook to achieving success in any aspect of your life.

100 Things Successful People Do is packed with 100 great ideas for working smart and living well. Each idea is presented over two pages with the first side explaining the idea and how it can benefit you and the second side featuring exercises and practical activities for you to work on to help you start applying the ideas straight away.

Mixing simple instructions with activities to get you started, whether you are looking to succeed in your family life, at work, in sports, at school or in retirement, you will find, mindsets, habits and techniques here that will help you get the results you want.

[Nigel Cumberland](#) is a coach who helps people optimise and enhance their effectiveness. He has coached and trained execs at various organisations including at the World Bank Group, Standard Chartered Bank, Google, Bureau Veritas, the Dubai Government, Kaercher, the UAE's Al-Futtaim Group and Saudi Airlines.



Paperback, 240 pages

COACHING FOR PERFORMANCE

5TH EDITION

JOHN WHITMORE

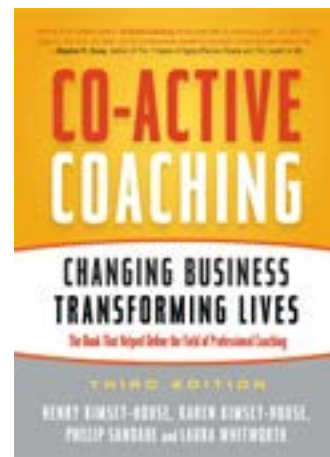
A guidebook to achieving success in any aspect of your life.

The founding text of today's billion dollar coaching industry, *Coaching for Performance* remains the world's bestselling coaching book. A unique book that is as popular with freelance coaches as it is with an ever increasing number of multinational coaches. This landmark text has now undergone the largest revision yet in its history to bring it fully up to date for today's professionals.

With a refocus on coaching as a way of being rather than a temporary process, this new edition explains how coaching can have an effect on the whole organisation. No longer an activity conducted in isolation by a select few managers, coaching can impact the growth of the whole company as well as the individual.

The influential GROW model (Goals, Reality, Options, Will) is supported by new international studies and examples which are included throughout ensuring that this will continue to be the definitive guide to coaching and leadership.

John Whitmore is Executive Chairman of Performance Consultants. He is a pre-eminent thinker in leadership and organisational change and works globally with leading multinational corporations to establish coaching management cultures and leadership programmes.



Paperback

CO-ACTIVE COACHING

LAURA WHITWORTH, KAREN KIMSEY-HOUSE, HENRY KIMSEY-HOUSE, & PHILLIP SANDAHL

The essential read for any aspiring franchise owner.

The durable and flexible '*Co-Active Coaching model*' has stood the test of time as a transformative communication process that co-workers and team mates, direct reports and managers, teachers and students can use to build strong, collaborative relationships.

Co-Active Coaching has been updated to include the latest terminology and a wide-ranging set of fresh coaching examples drawn from the authors' first-hand experience



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IN A WEEK SERIES

THE TEACH YOURSELF 'IN A WEEK' SERIES IS AIMED SQUARELY AT THE BASIC MARKET - BEGINNERS AND JUNIOR EXECS - LOOKING TO GET ON AT WORK.

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IN A FAST-CHANGING WORLD, THIS SERIES WILL ENABLE READERS NOT JUST TO GET UP TO SPEED, BUT TO GET AHEAD.



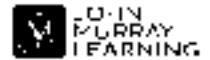
14th JANUARY 2016
Paperback, 128 pages

MBA IN A WEEK

ALAN FINN

In today's working environment, which is changing faster than ever, the skills and knowledge associated with an MBA are hugely valuable. But you don't need to take out a mortgage in order to speak the language and share the success of MBA graduates. The 'in a week' structure covers the essentials of an MBA over just 7 days:

From service in Royal Naval nuclear submarines to management consultancy, [Alan Finn's](#) career began in engineering and is now in B2B marketing for industry, helping organisations to grow.



10th MARCH 2016
Paperback, 128 pages

OUTSTANDING CONFIDENCE IN A WEEK

PATRICK FORSYTH

The ability to maintain confidence is crucial to anyone who wants to advance their career. This book quickly teaches you the insider secrets you need to know to in order to gain outstanding confidence. [Patrick Forsyth](#) runs Touchstone Training and Consultancy, and has many years of experience as a consultant and trainer.

RIGHTS SOLD IN: Russian (Publishing House ESKMO)

Other titles in the series:

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Difficult Conversations
PR
Networking
Strategy
Successful Business Plans
Business Communcation

Start Your Own Business
Deliver Great Training Courses
Business Economics
Psychometric Testing
Mindfulness At Work
Market Research
Public Speaking

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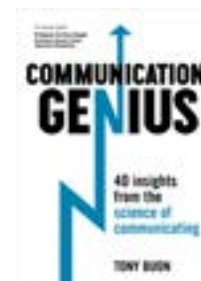


GENIUS SERIES

THE SERIES IS AIMED AT JUNIOR AND MIDDLE-RANKING EXECUTIVES.

PEOPLE AGED 25-45 WHO ARE KEEN TO IMPROVE THEIR SKILLS BUT MAY BE A LITTLE CYNICAL ABOUT MANY OF THE MORE PRACTICAL BUSINESS AND SELF-HELP BOOKS ON THE MARKET.

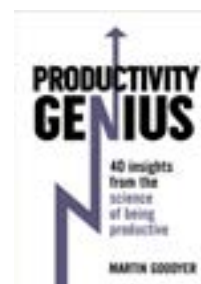
IN THE WORKPLACE THEY ARE PEOPLE WHO LIKE TO TEST IDEAS RATHER THAN RELYING PURELY ON INSTINCT, AND THEY ARE LOOKING FOR BOOKS WHICH WORK IN A SIMILAR WAY.



COMMUNICATION GENIUS

ATONY BUON

With chapters on body language, emotional intelligence, neuro-linguistic programming (NLP), presentations, mimicry, groupthink and the latest neuroscience, *Communication Genius* explodes some myths and gives you the best that science has to offer on communication. [Tony Buon](#) holds graduate and post-graduate degrees in psychology, behavioural sciences, and workplace Education. [Pub 5th NOV 15](#)



PRODUCTIVITY GENIUS

MARTIN GOODYER

There is a raft of myth and hearsay around productivity as well as thousands of books, most of which disagree with each other. *Productivity Genius* presents a new and different approach. It cuts through the noise to bring you proven research from around the world that you can use to reach your goals at work. [Martin Goodyer](#) is a highly respected coach who lectures to large business audiences around the world. [5th NOV](#)



LEADERSHIP GENIUS

RUS SLATER

In business, conventional wisdom often says one thing while research says another. *Leadership Genius* cuts through the noise to bring you proven research and techniques for applying it that will simply make you a better leader. [Rus Slater](#) delivers leadership training for many of the world's leading organisations including Toyota, BP, Hyundai, Aston Martin, BT, Mott McDonald, Invensys and Hilton. [10th SEPT](#)



STRATEGY GENIUS

RICHARD A D JONES

'Strategy is one of those topics that many people talk about without having much idea what they mean. Richard Jones is one of the exceptions. A very good book; I recommend it strongly' Peter Hiscocks, CEO Judge Business School Executive Education, University of Cambridge [Richard A D Jones](#) is a strategic and change management consultant and entrepreneur in the field of telecoms and technology. [8th OCT](#)

Other titles in the series: *Sales, Project Management, Presentation*
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SECRETS OF SERIES

AN ASPIRATIONAL SELF-HELP SERIES THAT
REVEALS INSIDER SECRETS TO SUCCESS FROM TOP
EXPERTS.

PERFECT COMBINATION OF INSIGHT AND
STRATEGY, PACKAGED IN 'DIP IN AND DIP OUT'
STYLE.



5th NOVEMBER 2015

SECRETS OF GREAT LEADERS

DR CAROL O'CONNOR

Whether you want to motivate your team, master public speaking or establish guiding principles and set priorities, this book provides the tools and techniques you need to be a great leader. With nuggets of wisdom gathered over years of experience, for every type of leadership situation, it gives you everything you need to know. Put the simple strategies together and you have a recipe for professional success, a formula that will unlock your leadership potential.



27th AUGUST 2015

SECRETS OF PRODUCTIVE PEOPLE

MARK FORSTER

What do productive people know that the rest of us don't? Do they have a secret recipe for success? *The Secrets of Productive People* reveals the 50 things you need to know to get things done. Each chapter outlines one of the 50 ideas and gives three strategies for putting it into practice. Some ideas will surprise you, all will inspire you. [Mark Forster](#) has previously written three bestselling books on productivity and has worked for major companies and as a life coach.



5th MAY 2016

SECRETS OF GREAT SALESPEOPLE

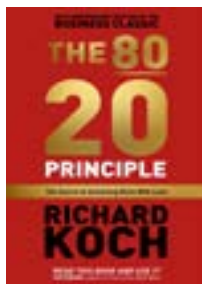
JEREMY RAYMOND

The Secrets of Great Salespeople reveals the 50 things you need to know to in order to sell. Each chapter outlines one of the 50 ideas and gives three strategies for putting it into practice. Some ideas will surprise you, all will inspire you. Put these simple strategies together and you have a recipe for sales success, a formula that will unlock your selling potential. [Jeremy Raymond](#) is an executive coach and business development expert. He has taught selling in places like IBM, Sainsbury's, AT Kearney, Fujitsu.

Other titles in the series:

Confident Communicators - NLP Masters, -Happy People
Happy Relationships - Influential People - Resilient People

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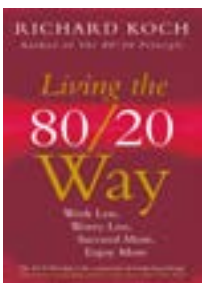


THE 80/20 PRINCIPLE: THIRD REVISED EDITION

In the 18 years since its first publication, *The 80/20 Principle* has become a business classic and a global bestseller. The special anniversary edition of this original, provocative and practical book contains an entirely new chapter in which Richard Koch discusses the many hundreds of responses he has received from readers of the book - including a rap song! - and outlines a fresh understanding of the true power of the principle.

RIGHTS SOLD IN: Czech (Management Press); Chinese - complex (Locus); Chinese - simplified (Citic); German (Campus Verlag); Hungarian (Trivium); Italian (Franco Angeli); Japanese (Hankuy); Japanese, cartoon (CC Media); Mongolian (Suun Suvd); Portuguese (Gutenberg); Romanian (Meteor Press); Serbian (Carobna); Slovak (Eastone Books); Spanish (Paidos); Swedish (Liber); Turkish (Dogan Egmont); Ukrainian (Krajina Miry); US (Nicholas Brealey Books)

7th APRIL 17

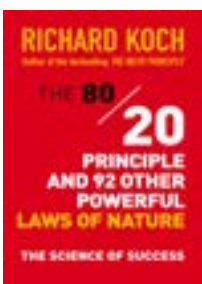


LIVING THE 80/20 WAY

If you knew that you could always get more of the great things that life has to offer, with less effort and cost, would you be interested? If you could find a simple solution to your problems by following a way that always works, would you be interested? If you could work a two-day week, and yet get much better results and pay than you do for a full week now, would you be interested? If that way applied not just to making a living, to money, or success, but also to the even more important areas of life, would you be interested?

RIGHTS SOLD IN: Portuguese (Gutenberg); Russian (Exmo); US (Nicholas Brealey Books)

20th Jan 2014



THE 80/20 PRINCIPLE AND 92 OTHER POWERFUL LAWS OF NATURE THE SCIENCE OF SUCCESS

In this follow-up to his best-selling *The 80/20 Principle*, the power law that helped hundreds of thousands achieve more by doing less, Richard Koch puts science to work, applying ninety-two other natural laws to promote the "science of success" within the ever-changing world of business.

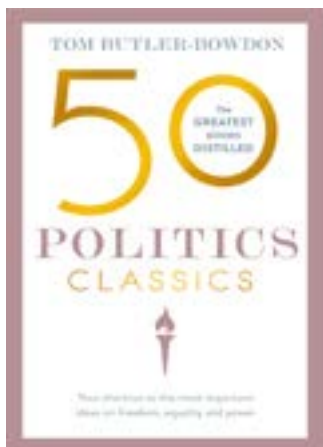
RIGHTS SOLD IN: Bulgarian (Locus); Chinese - simplified (Pub House of Electronic Industry); Russia (Exmo); Spanish (Patria); Vietnamese (TRE); US (Nicholas Brealey Books)

2nd Jan 2014

Richard Koch is a former management consultant, entrepreneur, and writer of several books on how to apply the Pareto principle (80/20 rule) in all walks of life. Richard has also used his concepts to make a fortune from several private equity investments made personally. Richard's investments have included Filofax, Plymouth Gin, the Great Little Trading Company and Betfair.



50 CLASSICS SERIES



4th MAY 2017

Paperback, 336 pages

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50 POLITICS CLASSICS

TOM BUTLER-BOWDON

Mind changing ideas, world changing books

What kind of society offers the most freedom, the greatest chance for equality between its members, and yet possesses the most power to protect these values? What limits to free speech and personal liberty should there be, if any? Which type of state is best? These questions are as important to us now as they were in ancient Greece, and 50 Politics Classics explores the most notable answers from the great political writings, old and new, which have changed minds and changed the world

From Abraham Lincoln to Nelson Mandela, and from Aristotle to George Orwell, 50 Politics Classics distills the essence of the books, pamphlets, and speeches of the major leaders and great thinkers that drive real-world change, up to those of today such as Fukuyama and Naomi Klein.

'A refreshing tour of political thought unmoored by traditional chronological organization' *Library Journal*



5th October 2017

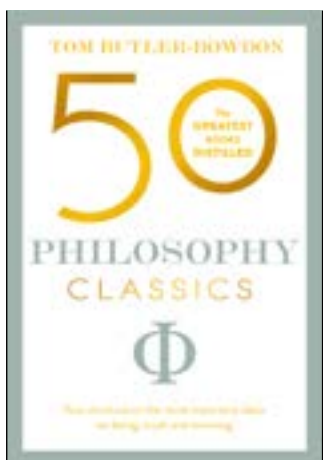
Trade Paperback, 320 pages

50 BUSINESS CLASSICS

TOM BUTLER-BOWDON

Mind changing ideas, world changing books

From Peter Drucker to Laszlo Bock, from The Five Dysfunctions of a Team to Creativity Inc., here are the 50 most important titles on organizational and personal success. 50 Business Classics presents the key ideas from classic texts such as My Year with General Motors and Peter Drucker's Innovation and Entrepreneurship to contemporary business ideas such as the rise of the tech giants like Google, Apple and Amazon. It contains revealing biographies of luminaries like Steve Jobs and Katherine Graham as well as lesser-known stories including creation of publishing giant Penguin and Chinese behemoth Alibaba. Here you'll find the texts and ideas that matter in entrepreneurship, management and achievement – illuminated and clarified for all.



Paperback, 336 pages

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50 PHILOSOPHY CLASSICS

TOM BUTLER-BOWDON

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Philosophy can no longer be confined to academia, and 50 *Philosophy Classics* shows how powerful it can be as a tool for opening our minds and helping us think. Whether you are fascinated or daunted by the big questions of how to think, how to be, how to act and how to see, this is the perfect introduction to some of humanity's greatest minds and their landmark books.

"It strikes just the right balance between accurate explication, insightful contextual analysis and breezy illustrative anecdote." *Dr Phil Oliver, Department of Philosophy, Middle Tennessee State University*



4th MAY 2017

Trade Paperback, 320 pages

50 ECONOMICS CLASSICS

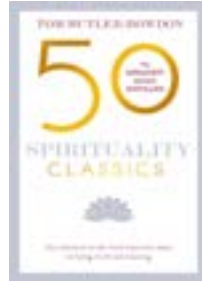
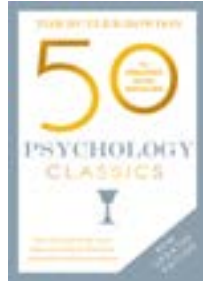
TOM BUTLER-BOWDON

Mind changing ideas, world changing books

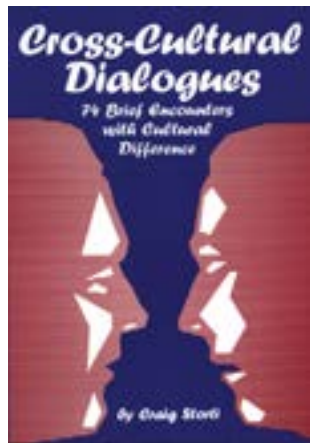
From Karl Marx to Naomi Klein, from The Wealth of Nations to Piketty's Capital, here are the 50 most important titles on finance and world economy distilled. 50 Economics Classics considers the legacy of some of the great names including Ricardo, Keynes, Malthus and Friedman, and highlights the work of newer writers including Piketty, Luigi Zingales and Enrico Moretti. It presents the most influential titles on finance and work economy, from J.L. Galbraith's and Ben Bernanke's explanations of the Great Depression, to Robert Shiller's spotlight on the tech bubble, to Michael Lewis's insights into the causes of the 2008 financial crisis. These are the great reads, novel ideas and famous texts in international political economy - illuminated and clarified for all.

Other titles in the series:

50 Self-Help Classics - 50 Psychology Classics - 50 Spritual Classics



**CROSS CULTURE
COMMUNICATION**



23rd MARCH 2017

Trade Paperback, 152 pages

CROSS CULTURAL DIALOGUES

74 BRIEF ENCOUNTERS WITH CULTURAL DIFFERENCE

CRAIG STORTI

A collection of brief conversation between an American and someone from another country and culture.

Cross-Cultural Dialogues is a collection of brief conversation (4-8 lines) between an American and someone from another country and culture. Short as each dialogue is, it has buried within it at least one, and usually several breaches of cultural norms which the reader is challenged to figure out. And a challenge it is: the exchanges are so brief and innocuous that even the wariest among us are sandbagged by the dialogue's hidden subtleties.



23rd MARCH 2017

Trade Paperback, 256 pages

THE ART OF DOING BUSINESS ACROSS CULTURES:

10 COUNTRIES, 50 MISTAKES, AND 5 STEPS TO CULTURAL COMPETENCE

CRAIG STORTI

A tour of the most common cultural differences Americans/No. Europeans encounter when doing business in ten of the world's key markets.

he Art of Doing Business Across Cultures presents five brief (8-10 lines), unsuccessful conversational exchanges between Americans and their business colleagues in 10 different locations-the Arab Middle East, Brazil, China, England, France, Germany, India, Japan, Mexico, and Russia.

Craig Storti is founder and co-director of Communicating Across Cultures, a Washington, D.C.-based intercultural communication training and consulting firm. With work appearing in the Washington Post, Los Angeles Times, and Chicago Tribune, he is the author of six books.



21st MARCH 2017

Trade Paperback, 256 pages

THE CULTURE SOLUTION:

HANDS-ON TOOLS AND TECHNIQUES FOR INTERNATIONAL MANAGERS

DEIRDRE MENDEZ

The Business persons toolkit to get from zero to global

In today's global business reality, the ability to work across cultures is key to teamwork and productivity.

The Culture Solution is the book to provide businesspeople a step-by-step system to manage and recognize for themselves the cultural factors that affect international relationships and global partnerships.

Deirdre B. Mendez, PhD is an intercultural consultant, trainer, and educator who has helped U.S. companies and their international partners identify and resolve culturally based conflict for nearly three decades.

POLITICS



6th OCTOBER 2016

Hardback, 288 pages



UNLEASHING DEMONS: THE INSIDE STORY OF BREXIT CRAIG OLIVER

David Cameron's Director of Politics and Communications, Craig Oliver takes us behind the scenes of the EU referendum.

As David Cameron's Director of Politics and Communications, Craig Oliver was in the room at every key moment during the EU referendum campaign - interacting with all the players including David Cameron, George Osborne, Barack Obama, Angela Merkel, Jeremy Corbyn, Boris Johnson, Michael Gove, Theresa May and Peter Mandelson.

Unleashing Demons: The Inside Story of the EU Referendum is based on detailed notes which tell the story of every key moment from the decision to call a referendum to the subsequent civil war in the Conservative Party and the aftermath of the shock result.

Before entering 10 Downing Street as Director of Politics and Communications, [Craig Oliver](#) was an award-winning journalist. His roles included editing the BBC's News at Six and Ten, Controller of the World Service and Executive Editor of ITV's flagship news programmes. He has three daughters and lives in London..



16th JANUARY 2017

Hardback, 416 pages

2020: WORLD OF WAR

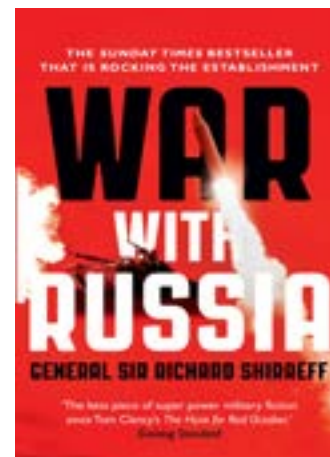
PAUL CORNISH AND KINGSLEY DONALDSON

A terrifying and utterly convincing 20/20 vision of the year 2025.

From cyber security to weapons technology, from economics to robotics, from geopolitics to undercover operations, *2020: World of War* will offer us a compelling account of the utmost fascination, seriousness, readability and relevance for today's audience.

2020: World of War conveys an image of global strategic uncertainty – even chaos – and warns against both complacency and preparedness on the part of political and military leaders and decision-makers.

[Kingsley Donaldson](#) retired from the British Army in April 2015 after a career spanning more than 20 years Regular and Reserve service. During that time he has had extensive operational experience across the Middle East and Europe. [Paul Cornish](#) is currently Research Group Director for Defence, Security and Infrastructure at the RAND Corporation's office in Cambridge, UK. He served in the British Army and the Foreign and Commonwealth Office.



6th OCTOBER 2016

Paperback. 448 pages

RIGHTS SOLD IN: Hungarian (Athenaeum 2000); Polish (Dom Wydawniczy); Bulgarian (Enthusiast, an Imprint of Alto Communication); Estonian (Tanapae Publishers)



WAR WITH RUSSIA: A DANGEROUS INNOCENCE

GENERAL SIR RICHARD SHIRREFF

A menacing account of the threat posed by Russia.

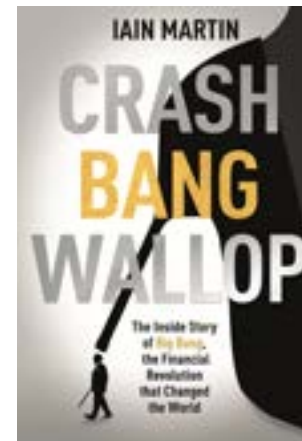
'You fail to read this book at your peril' - Admiral James G Stavridis, US Navy, former Supreme Allied Commander Europe.

Closely modelled on his NATO experience of war gaming future conflicts, *War With Russia* is a chilling account of where we are heading if we fail to recognise the threat posed by the Russian president.

Written by the recently retired Deputy Supreme Allied Commander Europe and endorsed by senior military figures, this book shows how war with Russia could erupt with the bloodiest and most appalling consequences if the necessary steps are not taken urgently.

Born in Kenya in 1955 where he spent his early years, [Richard Shirreff](#) commissioned into the British Army as a cavalry officer after reading history at Oxford. In his 37 years of service he commanded soldiers on operations from the most junior to the most senior levels. He saw combat as a tank commander in the First Gulf War, experienced many of the complexities of Northern Ireland during his three tours there and learned first-hand the challenges of bringing peace to the Balkans in both Kosovo and Bosnia. He returned to Iraq as a multinational commander in 2006-7.

HISTORY



8th SEPTEMBER 2016

Hardback, 352 pages



CRASH, BANG, WALLOP:

INSIDE THE FINANCIAL REVOLUTION THAT CHANGED THE WORLD

IAN MARTIN

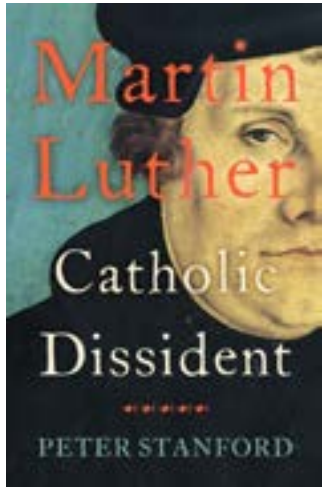
Big Bang in 1986 was a critically important event and its reverberations are still being felt today.

Published to mark the 30th anniversary of the financial revolution known as 'Big Bang', *Crash, Bang Wallop* will tell the gripping story of how the changes introduced in the 1980s in the City of London transformed our world.

Attitudes to money and the way we measure value and status were completely reshaped by Big Bang, and it had an extraordinary impact on politics, on style, on technology, on the class system, on questions of public ownership, and on the geography of London. Perhaps more than anything, Big Bang revolutionised the international markets, as the capital became a testing ground for financial globalisation, with huge repercussions for the global economy.

The definitive insider's account of this critically important moment in modern history, *Crash, Bang Wallop* will also explore what's next for global finance as it gets ready to undergo yet another revolution.

Iain Martin has been editor of the Scotsman and of Scotland on Sunday, Deputy Editor of the Daily Telegraph, Deputy Editor of the European edition of the Wall Street Journal and a columnist at the Daily Mail.



2nd MARCH 2017

Hardback, 320 pages

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Polish (JAGIELLONIAN); French
(Librairie Arthème); Korean
(Miraebook); Russian (Eksmo);
Dutch (Uitgeverij)

MARTIN LUTHER: CATHOLIC DISSIDENT

PETER STANFORD

A new appraisal of theological firebrand Martin Luther, on the 500th anniversary of the religious revolution he triggered - the Protestant Reformation.

The 31st of October 2017 marks the 500th anniversary of Martin Luther pinning his 95 'Theses' - or reform proposals - to the door of his local university church in Wittenberg. Which ultimately precipitated a huge religious and political upheaval right across Europe and divided mainstream Christianity ever after.

A new, popular biography from journalist Peter Stanford, looking at Martin Luther from within his Catholic context, examining his actual aims for Catholicism as well as his enduring legacy - and where he might fit within the church today.

Peter Stanford's previous investigations into the history, theology, enduring appeal and cultural significance of religious ideas include: *Judas* and *The She-Pope*, an investigation of the Pope Joan legend.

JANE AUSTEN AT HOME

LUCY WORSLEY

Historian Lucy Worsley visits Jane Austen at home, exploring the author's life through the places which meant the most to her.

This new telling of the story of Jane's life shows us how and why she lived as she did, examining the rooms, spaces and possessions which mattered to her, and the way in which home is used in her novels to mean both a place of pleasure and a prison.

Jane famously lived a 'life without incident', but with new research and insights Lucy Worsley will reveal a passionate woman who fought for her freedom.

Lucy Worsley is an historian, author, curator and television presenter. Lucy read Ancient and Modern History at New College, Oxford and worked for English Heritage before becoming Chief Curator of Historic Royal Palaces, based at Hampton Court.



23rd MARCH 2017

Hardback, 320 pages

THE WOMEN WHO SHAPED PARLIAMENT

SOPHY RIDGE

From royalty to suffragettes and from campaigners to contemporary rebels, Sky News Political Correspondent Sophy Ridge explains the ways that women have changed the face of politics.

Sophy Ridge, who spends every day in Westminster as political correspondent for Sky News, has uncovered the extraordinary stories of the women who have shaped British politics, providing gripping insight into historical and contemporary stories which will fascinate not just those interested in politics but those who want to know more about women's vital role in democracy.

From royalty to writers and from class warriors to suffragettes, Sophy tells the story of those who put their lives on the line for equal rights, and those who were the first to set foot inside the chambers of power, bringing together stories that you may think you know, and stories that have recently discovered.

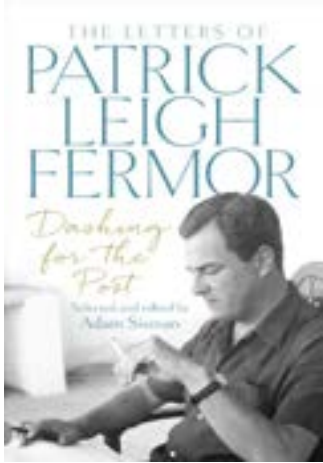
Looking at the different ways that women have shaped government allows her to draw parallels across history and uncover fascinating women you want to know more about.

Sophy Ridge is the Sky News Senior Political Correspondent. After reading English Literature at St Edmund Hall, Oxford, Sophy became a trainee at the News of the World. She then moved to Sky News where she covers a broad range of political stories.



2nd MARCH 2017

Hardback, 320 pages



6th OCTOBER 2016

Hardback, 400 pages

RIGHTS SOLD IN PREVIOUS
TITLE; *ADUCTING A GENERAL*:
German (Dorlemann Verlag);
French (Editions Nevicata);
Spanish (Editorial Bernice);
Greek (Metaichmio) and US
(New York Review of Books)

DASHING FOR THE POST:

THE LETTERS OF PATRICK LEIGH FERMOR

EDITED BY ADAM SISMAN

A revelatory collection of letters written by the author of *The Broken Road*.

Patrick Leigh Fermor was hailed as the greatest travel writer of his generation. His letters are often entertaining and sometimes instructive. They exhibit many of his most endearing characteristics: his zest for life, his unending curiosity, his keen sense of place, his lyrical descriptive powers, his love of words, his fluency in a remarkable range of languages, his lack of self-importance, his boyish exuberance, and his sense of fun. They draw on his wide reading, and his unflagging enthusiasm for learning.

Adam Sisman is an Honorary Fellow of the University of St Andrews and Fellow of the Royal Society of Literature.



ANIMAL STORIES



18th MAY 2017

Hardback. 240 pages

SECRET LORE OF CATS: THE ULTIMATE GIFT BOOK FOR PEOPLE WHO ARE BONKERS ABOUT THEIR CAT

HERBIE BRENNAN

The perfect book for cat-lovers everywhere.

'In ancient times cats were worshipped as gods; they have not forgotten this.' Terry Pratchett

Herbie Brennan is a New York Times bestselling author on the occult who has sold over ten million books world-wide - including in France, Germany and Italy.

Here he writes a delightful short but definitive guide to cat lore, weaving together myth, magic, anecdote, fascinating, amusing factoids and even scientific research - from the Egyptian cat goddess Bastet to Macavity the Mystery Cat.

Here at last is the book that proves to you that everything you suspected about your cat's uncanny powers of intuition, hypnosis, mind-reading, bi-location and levitation are in fact all true!

Herbie Brennan A professional writer whose work has appeared in more than fifty countries, Herbie Brennan is enjoyed by children and adults alike - sales of his books already exceed 8 million copies.

Herbie has a powerful reputation for challenging conventional assumptions with penetrating intelligence and a clear, easy style.

MIND, BODY AND SPIRIT

HEALTH

SELF HELP



DOCTOR YOU: HARNESSING THE BODY'S POWER TO HEAL ITSELF – USING THE FIRST HARD SCIENTIFIC EVIDENCE

JEREMY HOWICK

Examining the over use of modern medicine and how your body can heal itself.

Twenty per cent of Americans, half of the elderly British, and two thirds of older Canadians take at least five prescription drugs per day - their lives a non-stop ritual of pill popping and trying to manage side effects. One

in ten people in developed countries take antidepressants. Millions of boys who can't sit still in school are prescribed methamphetamines. Modern medicine has been overused.

Skyrocketing global healthcare costs render this overuse of medicine increasingly unaffordable. The wonders of modern medicine have also obscured the body's ability to heal itself. Your body produces its own drugs that can treat pain as well as drugs, cure some joint problems as well as a surgeon, and treat most mild depression as well as a psychologist. We've all heard of endorphins, but did you know 'endorphin' literally means 'morphine made by your body'?

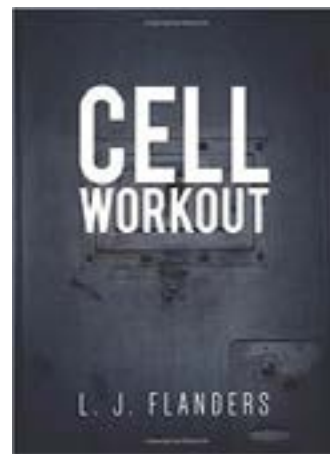
Besides the body's self-healing abilities, latest evidence clearly show that states of mind affect our health. Relaxing, positive thinking, and comfortable social environments can all improve our health as much as blockbuster drugs.

Written using the latest, high quality, conventional evidence Doctor You arms you with knowledge that will empower you to make the right choices about what drugs to take, what drugs to give your children, and when you should let your body do its thing.

An Oxford researcher with over 60 publications and a classic textbook, [Jeremy Howick](#) is well qualified to write Doctor You. A world-renowned placebo researcher and his work has been featured in The Times and The Washington Post, as well as on Sky News, and the BBC.

20th APRIL 2017

Hardback, 240 pages



29th DECEMBER 2016

Trade Paperback, 224 pages



1st JUNE 2017

Trade Paperback, 224 pages



CELL WORKOUT

L J FLANDERS

Accessible bodyweight training regime - devised from a prison cell - for exercise in small spaces.

Cell Workout is a bodyweight training guide devised from a prison cell but accessible to anyone who wants to get fit in a small space using no specialist equipment.

Using your own body weight - the oldest exercise equipment out there - *Cell Workout* guides you through understanding how to make bodyweight training work for you, helping you to achieve any personal training goal or maintain a healthy physical condition.

With workouts for those of varying ability and fitness, the step-by-step exercise instructions and accompanying photographs for LJ's 10 Week Cell Workout are easy to follow and tailor to you, improving all aspects of your physical fitness.

This is *Cell Workout*; get the body you want - inside and out.

THE VERTUE METHOD

SHONA VERTUE

A holistic approach to health and fitness by much-sought-after yoga teacher and PT Shona Vertue.

This 28-day reset plan is grounded by three key pillars: LIFT, LENGTHEN, LEARN. By practising Shona's unique workouts focused on weight lifting, resistance training and primal movements, you'll lose fat, become stronger and define your shape with each session. You'll learn how to lengthen and stretch your body, improve your posture, increase flexibility and sculpt a beautiful, athletic physique to be proud of. Through meditation and breath awareness techniques, you will discover how to nourish your body and mind, ease anxiety and improve sleep. The book also includes a chapter on the importance of the food we consume and the nutrients we require for specific goals, body types and activity levels, with a complete 28-day food plan and recipes to nourish and support you through your journey.

Shona believes that health and happiness go hand in hand; *The Vertue Method* can empower you to love your body from the inside out, be motivated by what it can achieve and be rewarded not only by a better physical appearance, but by a lighter, happier quality of life.



4th MAY 2016

Hardback, 256 pages



THE FOOD MEDIC

HAZEL WALLACE

Dr Hazel Wallace shows you how to achieve a healthy body and a happy mind

We all feel our best when we are free of illness, full of energy and at a healthy weight. In *The Food Medic*, Dr Hazel Wallace will show you how to maximise your health through nutrition and exercise, and teach you, step-by-step, healthy eating habits for life.

Before she began her 'clean' lifestyle, Hazel was a young girl who enjoyed food and cooking until, when she was just 14 years old, her father died suddenly. After this life-changing event, she struggled with depression and, consumed by grief, was unable to eat. Her weight plummeted drastically and, refusing to be hospitalized, Hazel decided to learn what her body needed to heal itself.

With a 14-day eating plan, comprising nutritional advice and an exercise component, guidance on what to eat to keep medical conditions such as depression, IBS, migraines and insomnia at bay, as well as delicious recipes, inspirational photos, a fitness programme and the author's compelling story, this is the total package.

Dr Hazel Wallace is the girl behind *The Food Medic*, a blog she set up in 2013 as a platform to show people that eating healthy and staying fit can be enjoyable, uncomplicated and easy to incorporate into an everyday busy lifestyle.



29th JUNE 2017

Hardback, 240 pages

A NEW SCIENCE OF HEAVEN

ROBERT TEMPLE

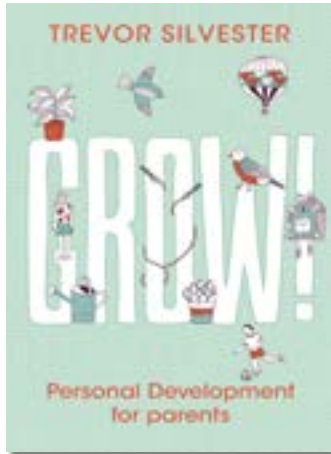
It is now possible to explain clearly and precisely what 'the Other World' is like and why.

New knowledge from the most recent advances in a little-known area of science matches many of the accounts surviving down the ages from mystics, meditators, people who have survived near-death experiences, inspired sages and shamans, and experiences from dreams and trance states.

Scientific progress is now sufficiently advanced to enable a world of the spirit to be described and explained in a rigorous fashion for the first time. The advances made in the physics of complex plasmas in recent years provides a mathematical and physical basis to describe the soul, or spirit.

These advances make it possible to understand ghosts, for complex plasmas can pass through walls and emerge the same on the other side. (Indeed, they can pass through each other and survive intact as well.)

Professor Robert Temple is the author of a dozen challenging and provocative books, commencing with the international best-seller, *The Sirius Mystery*.



23rd MARCH 2017

Trade Paperback, 352 pages



GROW!: SEVEN THINGS I WANT OUR KIDS TO KNOW

TREVOR SILVESTER

Why do our brains create our problems?

A distillation of what Trevor has picked up from 20 years experience as a therapist. Why do our brains create our problems and what can we do to change that? Where our issues come from, why we're not stuck with them, how to help your children avoid the mistakes that so many of us make growing up, and how to take control of your choices to make your life how you want it to be - not in a monetary sense, but to be 'free to choose'.

Grow! describes strategies for avoiding living in a state of protection and keeping us in a state of growth wherever possible.

Trevor Silvester is a Cognitive Hypnotherapist and couples coach of over twenty years experience. To find out more visit <http://www.questinstitute.co.uk/>.



23rd FEBRUARY 2017

Hardback, 320 pages



HAPPY MUM, HAPPY BABY GIOVANNA FLETCHER

A positive and uplifting book about what it is to be a mother and all things mum and baby.

Since Giovanna and her husband Tom Fletcher have had their sons Buzz and Buddy, they have been sharing glimpses of their family life. With an infectious positive outlook and happy take on all things mum-related, Giovanna has developed a following of fellow parents and mums-to-be.

This is not a book about how to have the perfect family experience - Gi would be the first to admit she is winging it just as much as the rest of us - instead it is an honest, upbeat and incredibly personal account of her own experience of having a family. In *Happy Mum, Happy Baby* Giovanna shares her own journey through parenthood and in doing so, she looks at what it is to be a mother today, encourages you to be confident in yourself as a parent and celebrates how putting a focus on being a happy and confident mum can really make for a happy baby.

Essex born **Giovanna Fletcher** is an actress, blogger, vlogger and presenter. She is married to Tom Fletcher from McFly/McBusted and is mum to their two boys Buzz and Buddy.



18th MAY 2017

Hardback, 288 pages

GROWING PAINS: STORIES FROM LIFE AND THERAPY DR MIKE SHOOTER

Child psychiatrist Dr Mike Shooter sheds light on the painful issues and universal experience of growing up, through the stories of his patients and their families.

It all begins in childhood. Doctor and psychiatrist Mike Shooter has spent over thirty years listening to patients, especially children and adolescents in crisis, helping them to find their stories and begin to make sense of their lives. Their stories are at the heart of this book. Occasionally strange and troubling, they are also inspirational, funny and illuminating.

They open a door to the experience and problems of growing up as never before, sharing the process of children and families as, through therapy, they confront everything from loss or illness to destructive, even violent, behaviour. Compelling and compassionate, this is a book to make us wiser and braver, and help children's stories find happier endings.

Dr Mike Shooter CBE is a former President of the Royal College of Psychiatrists. He is now an honorary fellow of six Royal Colleges. He is currently President of The British Association for Counselling.



PERFECT FIT

JAMES HASKELL

James Haskell's no-nonsense guide to fitness and nutrition.

In his guide to fitness and nutrition international rugby star James Haskell leads you seamlessly through every step of your journey towards a new body.

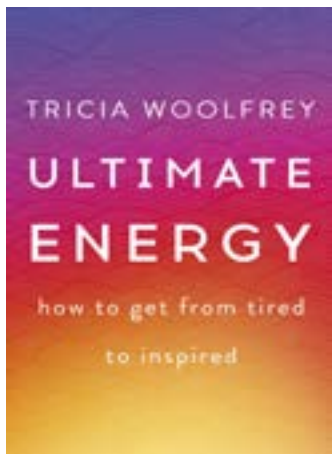
This book is accessible to those who have yet to begin their fitness journey as well as those that already train regularly - providing new programmes and nutritional advice to help build a new physique.

James's ambition is to dispel the fog - to provide clarity, understanding and to motivate as well as inspire people to start to train properly and effectively.

James Haskell is an internationally renowned athlete and professional rugby player. It is James's elite athleticism and commanding physique that has seen him become one of the most recognisable sportsmen of his generation.

18th MAY 2017

Trade Paperback, 256 pages



ULTIMATE ENERGY: HOW TO GET FROM TIRED TO INSPIRED

TRICIA WOOLFREY

The Little Book of Energy is full of instant and long-term energy boosts that are practical and easy to implement.

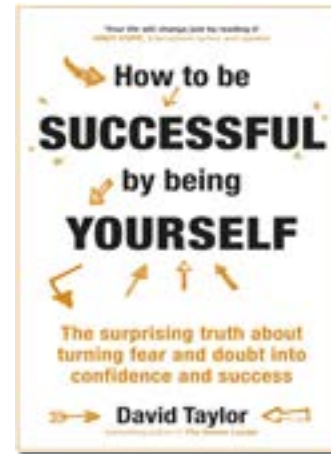
Power up your day with instant and long-term energy boosts. When your energy's low it can feel like wading through treacle with brain fog, but good energy is yours for the taking if you follow the simple strategies in this book.

Learn how to treat your body like a bank account making more deposits than withdrawals, and discover how finding your enthusiasm can be enough to increase your vitality. By the end you will be able to deal with all of life's challenges more easily and, better still, enjoy the good times more fully. What's not to love?

Tricia Woolfrey is an integrative coach and therapist - incorporating psychology, lifestyle and physiology into her work with individuals and teams.

18th MAY 2017

Trade Paperback, 256 pages



HOW TO BE SUCCESSFUL BY BEING YOURSELF:

THE SURPRISING TRUTH ABOUT
TURNING FEAR AND DOUBT INTO
CONFIDENCE AND SUCCESS

DAVID TAYLOR

A practical guide to being successful by being yourself.

Do you sometimes feel your life is one endless rollercoaster of busy busy? Would you like to be in control of your life? Have you ever asked yourself 'who am I, why am I here and what is it all about?'

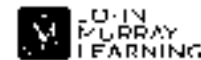
With a powerful dose of confidence, mindfulness, peace, affirmations and positive psychology, this book helps you see the possibilities around you and re-programme your mental software to overcome limiting beliefs. Yes, do yoga, tai chi and meditation - but this book will have a bigger impact, faster and cheaper.

David Taylor is the Founder of Naked Leader, author of the global best-selling *The Naked Leader* and three follow-ups, and has featured in four TV Series.

8th SEPTEMBER 2016

Hardback, 192 pages

US RIGHTS: Quercus US



A HUNDRED ANSWERS FROM SPIRIT

GORDON SMITH

Britain's greatest medium's answers the great questions of life and death.

For most of the time people go to Gordon Smith's public events in the hope of hearing messages from loved ones who have passed. The information that Gordon is able to share is world-renowned for its astonishing accuracy and detail - information that he could not possibly have discovered by any other means. This information reunites people with their loved ones and gives them comfort and solace.

Gordon Smith is a world-renowned medium, who travels the world offering his unique abilities to thousands of people in need. Gordon never charges for his spiritual readings.

3rd NOVEMBER 2016

Paperback, 384 pages

RIGHTS SOLD: German (Ullstein);
Spanish (Editorial Siro); Italian
(Mauri Spagnol)

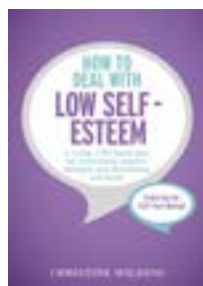




HOW TO DEAL WITH ANGER

ISABEL CLARKE

Everyone feels angry from time to time, and anger is a natural and normal way to respond to the things in life which frustrate us. Managing these feelings is important as apart from making us difficult to live with, anger has negative effects on our blood pressure and makes us more susceptible to heart attacks, depression, anxiety and general wellbeing. [Isabel Clarke](#) is a consultant clinical psychologist, working in acute mental health in the NHS. **10th MARCH**



HOW TO DEAL WITH SELF ESTEEM

CHRISTINE WILDING

Everyone can identify with feelings of uncertainty. To worry about our status in the world and to fear that we are not living up to our potential is a common concern. But when our self-esteem becomes low our estimation of ourselves becomes over-critical, it is all too common to let negative feelings become a burden. [Christine Wilding](#) holds a postgraduate diploma in CBT from the University of London.



HOW TO DEAL WITH ANXIETY

LEE KANNIS-DYMAND & JANET D CARTER

Anxiety gets called GAD when the worry is repetitive, becomes associated with a variety of emotional and physical symptoms, and begins to impact upon our ability to enjoy life. If these problems sound familiar to you, this book will provide you with practical help to deal with and overcome the problem. [Dr Lee Kannis](#) is a clinical psychologist who lectures in the clinical psychology program at the University of the Sunshine Coast. **5th NOV**



HOW TO DEAL WITH OCD

ELIZABETH FORRESTER

OCD symptoms can range from mild to severe, and can really impact upon our mental health and ability to enjoy life. Recovery from OCD is possible, however. [Dr Elizabeth Forrester](#) is an independent Consultant Clinical Psychologist. **10th SEPT**

RIGHTS SOLD IN SERIES: Dutch (Kosmos); Italian (Vallardi); Portuguese (Bertrand)



THE MINDFULNESS PLAYBOOK

BARBARA MARIPOSA

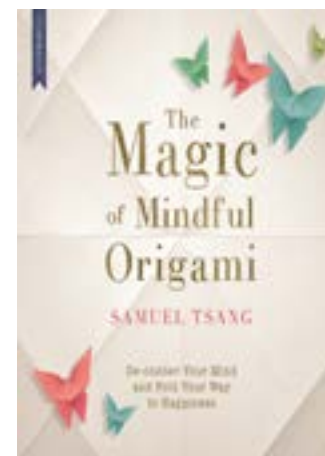
Learn useful, do-able skills that you can integrate into every aspect of your life for stress-free success.

This short reassuring book is rich in science but low in jargon, and underpinned by a model which provides proven solutions for combatting stress, anxiety and burnout and will enable you to use simple, easily learned mindfulness techniques to rewire your brain and participate fully and enthusiastically with life.

The Mindfulness Playbook is unique in presenting a very easy to grasp way of explaining key aspects of being human, our awareness of ourselves and our feelings. It shows how to live in the present, how mindfulness works in the brain, and how to live a happier life.

1st OCTOBER 2016

Hardback, 192 pages



THE MAGIC OF MINDFUL ORIGAMI: DECLUTTER YOUR MIND AND FOLD YOUR WAY TO HAPPINESS

SAMUEL TSANG

16 brand new origami models from the author of *The Book of Mindful Origami*, with more tear-out pages to keep folding your way to happiness

In the sequel to *The Book of Mindful Origami*, Samuel Tsang shares 16 brand new models to encourage meditation, dispel negativity, and encourage the magic of mindfulness into your daily routine. By folding paper and producing beautiful models, we start to unfold our minds and begin our journey to mindfulness.

The Magic of Mindful Origami will take your folding to the next level and help you exercise your mind, restore calm, and bring you back into the present.

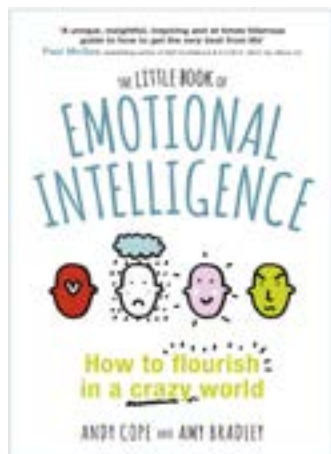
[Samuel Tsang](#) is a London-based origami teacher. He has folded origami since a child and has been teaching professionally since 2003. Sam has worked with over 100 companies including some of the world's top internet and luxury good brands.

8th SEPTEMBER 2016

Trade Paperback, 144 pages

RIGHTS SOLD IN: Spanish (Penguin Random House Grupo Editorial)





25th AUGUST 2016

Hardback, 192 pages



THE LITTLE BOOK OF EMOTIONAL INTELLIGENCE: HOW TO FLOURISH IN A CRAZY WORLD

ANDY COPE AND AMY BRADLEY

You shine brightest when you're being your best self. *The Little Book of Emotional Intelligence* will show you how to unpick limiting beliefs, recalibrate your thinking, tilt at happiness and flip the script of your life for the better.

The Little Book of Emotional Intelligence is an immediate, outcome-focused primer on the important topic of EQ, which provides practical, no-nonsense life advice and takes a sideways look at a world which is overwhelming at times.

Funny, colourful and profound, this book is a gripping manual for the human mind, enabling you to understand and control your emotions, communicate better and live a happier, more balanced life.

[Andy Cope](#) has written several best-selling personal development books, including 'The Art of Being Brilliant', and is also a best-selling children's author. His 'Spy Dog' series has enjoyed huge global success.

[Amy Bradley](#) has worked with Andy on several books, including *How To Be A Brilliant Teenager*.



15th DECEMBER 2016

Hardback, 352 pages

LEAP YEAR

HELEN RUSSELL

How looking at things afresh can make you calmer, healthier and happier than ever.

Having spent the last three years living in rural Denmark, Helen Russell is moving back to the UK and starting over. And she's a little intimidated.

Luckily, studies show that when we start new things we are the best version of ourselves, from new jobs and new relationships, to how we feel about our bodies, money and wellbeing.

Using her own life as an experiment, Helen investigates the science of new beginnings, and uncovers the practical life lessons we can all use to thrive when change is afoot – and inject some freshness and magic if it's not.

[Helen Russell](#) is a journalist and the bestselling author of *The Year of Living Danishly*. Formerly editor of MarieClaire.co.uk, she now lives in Denmark and works as a Scandinavia correspondent for the Guardian.



MAD DIET: EASY STEPS TO LOSE WEIGHT AND CURE

DEPRESSION

SUZANNE LOCKHART

Eating well for your body and your mind.

Are you depressed or struggling to lose weight? You are not alone. 1 in 4 people are taking antidepressants and two thirds of us are obese or overweight. Something is clearly very wrong. *Mad Diet* lifts the lid on what is really going on with our food and provides an easy guide to restoring your mind and waistline.

By detailing how harmful processed foods are, and showing you how to eat better for your body and your mind, *Mad Diet* enables you to change your outlook on food with positive outcomes for your mental health. As Suzanne says: 'We really are what we eat. If we change what we eat we can change ourselves. And if we do that we might just change the world!'

[Suzanne Lockhart](#) is Vice President of a multi-national food science organisation. In a career spanning over 20 years working with government agencies, global food manufacturers, farming groups and grocery retailers, she has insider knowledge of the politics and production of our food.

After being diagnosed with depression in 1989, Suzanne has spent over two decades investigating the impact of a Western diet on physical and mental health. *Mad Diet* is the result of 25 years of study and her front-line experience as a senior food industry executive.

12th JANUARY 2017

Trade Paperback, 288 pages

MEMOIR



15th JUNE 2016

Hardback, 288 pages

THE FINCH IN MY BRAIN

MARTINO SCLAVI

Diagnosed with fatal brain cancer, the treatment that follows renders the writer of this extraordinary memoir unable to recognise words. This is the inspiring story he can no longer read. With a foreword by Russell Brand.

This is the story of a successful, Italian born London based, film writer who is suddenly, wholly unexpectedly diagnosed with stage four brain cancer. The prognosis is bad, a 98% likelihood he'll be dead within 18 months. He undergoes two operations including one in which he must remain awake throughout. Part of his brain is removed, the part that enables us to recognise written words - to read. As someone who relies on words for their livelihood, their very identity, this presents impossible questions as to what happens next.

Defying all predictions, Martino is still very much alive, five years on, and is writing and being read to by his monotone computer programme he calls Alex.. His marriage suffered, his relationship with his now 8 year old son -whom he will never read bedtime stories to again - must be reconfigured and he is made to question all that his previous life gave him, along with his habits, dreams and beliefs.

As Sclavi faces the reality of the narrative he's been presented by doctors, he shows us that with determination, it is possible to change that narrative, and in doing so inspires and empowers us all to believe that it is possible to change the narratives of our lives.

Born in Rome, Italy, [Martino Sclavi](#) grew up in the US. He moved to the UK where he completed his Masters at Cambridge University. In 2000 Sclavi set up his first production company with a brilliant drug addict comedian - Russell Brand. Sclavi speaks and writes in English, Italian and German.



13th JULY 2017

Hardback, 256 pages

THE GENDER GAMES

JUNO DAWSON

What makes a woman a woman? Is it her biology? Is it a rite of passage? Is it society? Is it all a performance?

As she transitions from male to female, and her body gets in line with her mind, Juno Dawson explores feminism and femininity in science, society, the media and culture. Part memoir, party diary of her transition, Juno's wry, humorous take on her life and the world is funny, fresh and unflinching.

Featuring input and insight on gender and feminism from Rebecca Root (Boy Meets Girl), Jack Monroe (The Austerity Cookbook), Nicole Gibson (Catastrophe), Laura Bates (Everyday Sexism), Jo Elvin (Editor, Glamour) and TV presenter Dawn O Porter, *The Gender Games* is a fresh, commercial new look at a topic that is finally in the mainstream.

[Juno Dawson](#) is the multi award-winning author of dark teen thrillers, written under the name James Dawson. Her first non-fiction book, *Being A Boy* tackled puberty, sex and relationships in a frank and funny fashion, and a follow-up for young LGBT people, *This Book is Gay* came out in 2014. Juno is a regular contributor to Attitude Magazine, GT and the Guardian and has contributed to news items concerning sexuality, identity, literature and education on BBC Women's Hour, Front Row, This Morning and Newsnight. In 2015, Juno announced her transition to become a woman, having previously lived as James Dawson. She writes full time and lives in Brighton.



24th NOVEMBER 2016

Hardback, 288 pages



18th MAY 2017

Hardback, 288 pages

MUHAMMAD ALI: A MEMOIR

MICHAEL PARKINSON

Michael Parkinson discusses the life of Muhammed Ali.

Muhammed Ali appeared on Michael Parkinson's chat show four times, with Parkinson declaring him the 'most remarkable human I ever encountered'.

Drawing on those now iconic interviews, Michael Parkinson discusses the life of a sporting icon. From the early days of admiration for his political beliefs, to the world-beating boxing and the later years where illness began to take hold.

Parkinson Takes on Ali is the personal account of high profile meetings with a remarkable man.

Michael Parkinson was born in Cudworth, near Barnsley. He began his career as a journalist, but later moved to television where he worked for Granada on current affairs programmes before joining the BBC 24 hours team. His chat show Parkinson ran for 11 years, from 1971 until 1982 and he has interviewed almost everybody who was anybody.

A NORMAL FAMILY: MY SON, AUTISM AND ME

HENRY NORMAL

The Reason I Jump from the parents' perspective.

Johnny is eighteen. He likes music, art and going to the beach. He is also severely autistic - he will never get a job, never have a girlfriend, never leave home.

A collection of snapshots in the life of a boy, now a young man, and his father, who feels like he's trying to communicate with someone from another planet. It's about the hope, the despair, and the messy, honest, sometimes hilarious day-to-day world of autism, and it will be the go-to book for anyone faced with a daunting diagnosis, as well as a wonderful, warm book about the unconditional, unconventional love between a father and a son.

Henry Normal is an English comedian, television producer, poet and writer. He is Managing Director of Baby Cow Productions Ltd, which he set up with Steve Coogan.



4th MAY 2017

Hardback, 320 pages



BOYS DON'T CRY

A STORY OF LOVE, DEPRESSION AND MEN

BRYONY KIMMINGS & TIM GRAYBURN

A brave and life affirming book about love, clinical depression and men.

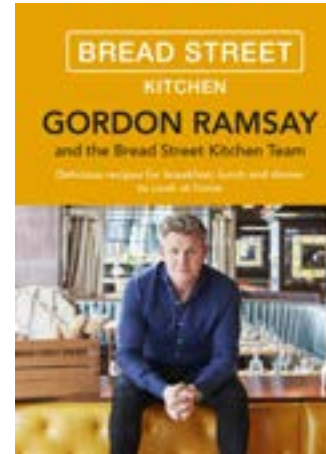
Bryony Kimmings is an artist and Tim Grayburn works in advertising. Tim and Bryony are a couple. It's pretty serious stuff; they've just had a kid together for god's sake!

Six months into their relationship Bryony discovered Tim suffered from severe clinical depression and acute anxiety when she found tablets hidden in his backpack. This was a secret Tim had kept from almost everyone for nearly a decade because it made him feel both weak and shameful. Mental illness does this to men all over the planet and it's fucked up!

In 2015 - after tackling the depression head on as a couple behind closed doors - Tim and Bryony made the life-changing decision to come clean and spill the details of the complexities of Tim's broken brain, and how they ensure their relationship survives, by making a theatre show and touring the world. This show, *Fake it 'til you Make it*, has become a phenomena - connecting the couple with others who suffer silently. Encouraging them to stand up to the stigma, come to terms with their own mental health and live more honestly.

Bryony is an artist from London and Tim works in advertising. In 2015 they toured their critically acclaimed show *Fake it 'til you Make it* to sold out audiences in Australia, Edinburgh and London. This is their first book.

FOOD AND DRINK



20th OCTOBER 2016

Hardback, 256 pages

RIGHTS SOLD IN PREVIOUS TITLES: Hungarian (Alexandra); Russian (Azbooka-Atticus); Estonian (Best Life Publishing); Romanian (Curtea Veche Publishing); German (mvg Verlag / riva Verlag/Münchener Verlagsgruppe GmbH); Portuguese (Porto Editora); Spanish (Random House Mondadori S.A.); Finnish (Readme.fi Oy); Italian (Sperling & Kupfer Editori); Dutch (Uitgeverij Unieboek | Het Spectrum); French (Hachette Livre); Portuguese (Porto Editora) and English (Hachette Book Group USA)

H
HODDER &
STOUGHTON

GORDON RAMSAY BREAD STREET KITCHEN

GORDON RAMSEY

Gordon Ramsay's Bread Street Kitchen At Home; Breakfast, Lunch and Dinner.

From breakfast to dinner and everything in between, this is a collection of 100 fresh new recipes from Gordon Ramsay and the award-winning team at Bread Street Kitchen. Like the restaurant itself, the book is all about relaxed and sociable eating, using fresh ingredients, simple techniques all delivered with the signature Gordon Ramsay stamp so that you know it's going to be good.

Recipes include Ricotta Hotcakes with Honeycomb Butter - perfect for a weekend brunch, Sea Trout with Clams or a Crispy Duck Salad for a weekday supper. For a weekend get together, get things off to a good start with a Bread Street Kitchen Rum Punch and Slow Roast Pork Belly with Apple & Cinnamon Sauce, followed by Pineapple Carpaccio with Coconut Sorbet or a super indulgent Coconut Strawberry Trifle.

Internationally renowned, multi-Michelin starred chef [Gordon Ramsay](#) has opened a string of successful restaurants across the globe, from the UK and France to Singapore and Hong Kong, to the United States. Gordon has also become a star of the small screen both in the UK and internationally, with shows such as Kitchen Nightmares, Hell's Kitchen, Hotel Hell and MasterChef US.



23rd MARCH 2017

Hardback, 256 pages



A SIMPLE TABLE

CHI-SAN WAN AND NATALI STAJCIC

The first cookbook by founders of London-based healthy drinks company The Pressery is full of nourishing, natural recipes and rituals for a healthier body and mind

Grounded in the belief that 'less is more', *A Simple Table* is about a shared love for a natural, balanced and sustainable way of living, good food and drink, and the simple measures we can take to have a healthier body and mind.

Chi and Natali's easy recipes are brimming with beautiful flavours, full of fresh, whole foods that provide energy for the challenges of modern life. Gently guiding you towards ingredients that nourish your body, nothing is 'forbidden'; rather their focus is on uncomplicated food and on helping you to make simple, nutritionally-engaged switches to your store cupboard, so that you can eat healthy, natural food and live well.

In addition to the recipes, the book offers rituals that instil calm within a busy daily routine; from natural beauty and tips for sleeping, to gentle movement, meditation and daily gratitude. Amid the pressures and demands of modern life, *A Simple Table* will encourage us to stay grounded. Feed your body and soul with this stunning book and support and sustain the way you live and eat now.

Chi San-Wan and Natali Stajcic founded The Pressery in 2014 after becoming disenchanted by the lack of natural non-dairy products available on the market, so they began making their own fresh almond milk at home, soon finding stockists and fans across London and beyond. After a record-breaking crowdfunding campaign, they launched their long-life almond milk in 2016, which is distributed across the UK.



18th MAY 2017

Hardback, 192 pages

MATILDA AND THE RAMSAY BUNCH

A cookery and lifestyle book for tweens and teens offering a glimpse into Tilly Ramsay's busy life in and out of the kitchen, released alongside the third series of CBBC's *Matilda & The Ramsay Bunch*.

The first cookbook from Tilly Ramsay, including 60 simple, delicious recipes to make for family and friends - plus tips and tricks from Tilly's superstar chef dad, Gordon.

Impress all your friends with a Green Goodness Picnic or throw a fun-filled Ramsay-style Feast of Pulled Pork and Smokey American Beans, with Surprise Rainbow Cake and Hollywood Raspberry Fizz for dessert!



29th JUNE 2017

Hardback, 288 pages



TWO KITCHENS:

SIMPLE FAMILY COOKING FROM SICILY AND ROME

RACHEL RODDY

Over 120 deliciously simple Spanish recipes, perfect for family cooking.

Making the best of fresh, seasonal ingredients, these are the simple, everyday family recipes that emerge from these two distant but connected kitchens in Sicily and Rome. From caponata, stuffed sardines and baked Sicilian pasta to zabaglione, mint semi-freddo and bay-leaf biscuits, they are the recipes that you will want to cook again and again until you've made them your own

Rachel comes from just north of London but has lived in Testaccio, a distinctive working-class quarter of Rome, for over ten years. She shares a small flat near the food market with her partner Vincenzo and son Luca. She cooks and writes, and has a weekly column in *Guardian Cook*. Rachel's first book *Five Quarters* won the André Simon Food Book award 2015.



6th OCTOBER 2016

Hardback, 224 pages



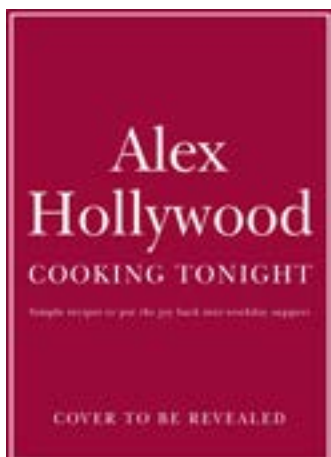
GINO'S HIDDEN ITALY: HOW TO COOK LIKE A TRUE ITALIAN

GINO D'ACAMPO

Let the nation's favourite Italian chef, Gino D'Acampo, teach you how to cook and eat like a true Italian.

From peach picking in Turin to truffle hunting in Piedmonte, Gino celebrates the best in local and seasonal Italian ingredients. Using traditional methods found in the kitchens of Italy, this book will introduce Gino's fans to 80 delicious new recipes, that will bring authentic Italian dining to your family table. It will accompany Gino's new 7-part primetime series Hidden Italy, coming to ITV this Autumn.

Born in Torre del Greco, Naples, in southern Italy, Gino inherited his grandfather's love of cooking and studied at the Luigi de Medici Catering College. Gino appears regularly on TV, most recently in Gino's Italian Escape and Let's Do Lunch with Gino and Mel, and as a resident chef on ITV's This Morning



9th MARCH 2017

Hardback, 256 pages



ALEX HOLLYWOOD: COOKING TONIGHT

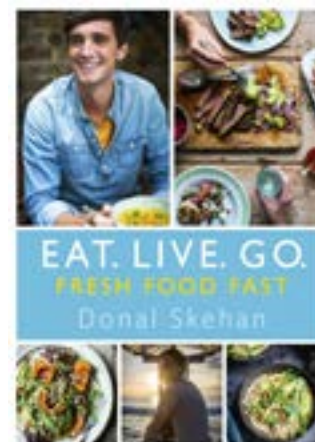
ALEX HOLLYWOOD

Recipes to put the oomph back into weekday suppers.

An exciting new cookery book for anyone whose heart sinks at the question: 'What shall we have for dinner tonight?'

Mealtimes should be a time when we sit together, even for a short while, to unwind and relax, and enjoy a good meal. This stress-free cookbook will give you new ideas to put the oomph back into your cooking and pleasure into your eating.

Alex Hollywood is passionate about food and firmly believes that cooking and eating should be about one thing: enjoyment, not worrying about presentation and whether your roux is made to Michelin-star standards. Having grown up in Kent, Alex's cooking has been shaped by her Norwegian great-grandmother, her French godmother, her father's love of Spain, and her time living in Cyprus.



20th OCTOBER 2016

Hardback, 224 pages



EAT. LIVE. GO.

DONAL SKEHAN

Quick and easy healthy recipes from Irish Cookery star Donal Skehan.

Eat. Live. Go is a collection of simple, restorative and inspirational recipes for busy and energetic lifestyles. In this book, Donal explores a healthy approach to eating which allows for a balance between eating a little of what we like while also ensuring our body gets optimum nutrition.

In three key sections the book offers up brilliant recipes to inspire and nourish - from everyday eating and quick cooking, to restorative meals and food for energy, including dishes from Donal's travels in America, Europe and South East Asia.

Donal Skehan is known for easy, fresh, home-cooked food, and his fifth 13-part primetime series in Ireland will focus on a subject close to his heart and very much on trend - healthy eating.

RIGHTS SOLD IN PREVIOUS TITLE: Dutch (Nieuw Amsterdam) and US (Sterling Publishing Co.)



28th July 2016

Hardback, 320 pages



MADE IN SPAIN

RECIPES AND STORIES FROM A SPANISH HOME COOK LIVING IN BRITAIN

MIRIAM GONZÁLEZ DURÁNTEZ

Over 120 deliciously simple Spanish recipes, perfect for family cooking.

Containing over 120 simple, easy-to-follow recipes, Miriam Gonzalez Durantez brings a taste of Spain to the family kitchen. Truly authentic Spanish recipes, which stick to the key principle of Spanish cuisine: 'respect for the ingredient', these are simple recipes that can be cooked by anybody and are eaten by most families in modern Spain.

Miriam believes that focusing on recognising good ingredients and combining simple flavours is the key to get your family cooking together.

Miriam is the author of the Mumandsons blog, www.mumandsons.com. She is also a partner at a city law firm.



2nd JULY 2015

Hardback, 288 pages

RIGHTS SOLD IN PREVIOUS
TITLE: Dutch (Kosmos Uitgevers)
and US (Little, Brown and
Company).



HONEY & CO:THE BAKING BOOK

ITAMAR SRULOVICH AND SARIT PACKER

There's something sweet, something in the oven for everyone, all day long - welcome to Honey & Co.

Our day is marked by what comes out of the pastry section, and there's always something good on the way: sticky buns full of cherries and pistachios in the morning; a loaf of rich dough rolled with chocolate, hazelnuts and cinnamon that has been proving since dawn and comes out of the oven fresh for evenings.

Lunch is a crisp, crumbly shell of pastry filled with spiced lamb or burnt aubergine, and at teatime there are cheesecakes and fruit cakes, small cakes and massive cookies - so many cakes that it's hard to choose one. (There's no need to worry, whatever you choose will be great!)

After dinner there might be poached peaches with roses or something more traditional, sweet and salty Knafe drenched in orange blossom syrup, or maybe just a small piece of fresh marzipan. [Itamar Srulovich and Sarit Packer](#) are a husband-and-wife team who together run Honey & Co in London's Fitzrovia.



SUNDAYTIMES FOOD BOOK OF THE YEAR 2014

Best Newcomer in the Observer Food Monthly Awards 2013

'Middle Eastern Cooking at its most inspiring. Brilliantly useful and exquisitely designed.' BBC Good Food Magazine



23rd AUGUST 2016

Hardback, 320 pages

GREAT BRITISH BAKE OFF - PERFECT CAKES & BAKES TO MAKE AT HOME: OFFICIAL TIE-IN TO THE 2016 SERIES

LINDA COLLISTER

The book of The Great British Bake Off 2016

Over 100 recipes from simple to showstopping cakes and cakes

Bake like you're in the tent - from the comfort of your own home.

Make brilliant bakes at home with this companion cookbook to the 2016 series. This essential baking book of recipes from the Great British Bake Off team is appropriate for any level of expertise. Each chapter includes favourite classics with a twist, recipes with simple ingredients to create something adventurous, and showstoppers that will guarantee you're crowned Star Baker in your own home.

Inspired by Paul and Mary's words of wisdom and advice to the Bakers, this year's official companion to the series is the perfect way to start baking like The Great British Bake Off - at home.

[Linda Collister](#) knows how to bake - she trained at L'Ecole de Cuisine La Varenne in Paris and Le Cordon Bleu in London.



7th APRIL 2016

Hardback, 320 pages

US RIGHTS: Options/Quercus
US

BAKE OFF: CRÈME DE LA CRÈME

MARTIN CHIFFERS & EMMA MARSDEN

Master the secrets of showstopping patisserie with the beautiful book of the BBC series presented by Tom Kerridge, and from the team behind Great British Bake Off.

Make your cooking the crème de la crème - learn the tips and tricks of Britain's greatest pastry chefs with the book of the spectacular BBC series, from the team behind *Great British Bake Off*.

With patisserie skills broken down to their simplest elements, you will soon be familiar with the ingredients, equipment and chemistry behind the showstopping creations you see on-screen and in the best restaurants, and be inspired to make your own irresistibly indulgent treats.

From croissants to intricately layered slices and eye-catching petit gateaux, each mouth-watering recipe is illustrated with stunning photographs and accompanied by expert advice on equipment and how to achieve a truly professional finish.

Patissier and Chocolatier, [Martin Chiffers](#) is an international pastry consultant with over thirty years' experience who has worked at some of the world's most famous venues, including Harrods, Raffles Hotel in Singapore and The Savoy Hotel in London.

[Emma Marsden](#) is a food writer and stylist who studied at Leiths School of Food & Wine. She was Cookery Editor at Good Housekeeping magazine and is a regular contributor to Harrods' magazine.

THE GREAT BRITISH BAKE OFF : BAKE IT BETTER



The Great British Bake Off: Bake It Better are the 'go to' cookery books which gives you all the recipes and baking know-how in one easy-to-navigate series.

The *Bake it Better* series includes everything you need to know about baking delicious and beautiful recipes. Whether you are new to baking and looking for simple, easy recipes or a more confident baker seeking to refine your skills, with *The Great British Bake Off* you can be sure you're getting scrumptious and tried-and-tested recipes.

The recipes themselves include classics and modern bakes, from simple to more challenging showstoppers - *Bake it Better* will take you a journey from first timer to star baker. There are expert tips about ingredients, equipment and techniques, with easy-to-follow step-by-step photographs.

March 2016

PUDDINGS AND DESSERTS

CHOCOLATE



August 2016

PÂTISSERIE AND PASTRIES



SWEET BREAD



TRAVEL / ADVENTURE



7th SEPTEMBER 2017

Hardback 320 pages

RIGHTS SOLD IN: US (Nichola Brealey)

WHERE THE WILD WINDS ARE

NICK HUNT

The story of following the wind from the fells of Cumbria to the Alps, the Rhone to the Adriatic coast, to explore how these unseen powers affect the countries and cultures of Europe.

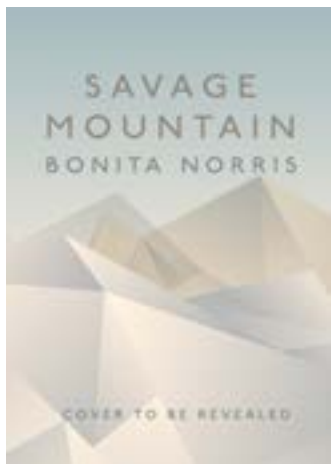
Where the Wild Winds Are is Nick Hunt's story of following the wind from the fells of Cumbria to the Alps, the Rhone to the Adriatic coast, to explore how these unseen powers affect the countries and cultures of Europe, and to map a new type of journey across the continent. From the author of the Dolman Prize-shortlisted *Walking the Woods and the Water*.

PRAISE FOR WALKING THE WOODS AND THE WATER

With *Walking the Woods and the Water*, Mr. Hunt has created an illuminating addition to what the travel writer Robert Macfarlane calls 'the literature of the leg'. The shepherds and the fishermen are long gone, but Mr. Hunt controls his nostalgia and avoids mimicking Leigh Fermor's flamboyant style. Still, his inspiration rubs off, like the skin on Mr. Hunt's feet. - *Wall Street Journal*

This moving and profoundly honest book sometimes brings a sense of unlimited freedom, sometimes joy, sometimes an extraordinary, dream-like dislocation: always accompanied by a dazzling sharpness of hearing and vision. I see now how that youthful walk informed so much of Paddy's style. Before setting out Hunt was going to write to Paddy. The letter was never written, and by the time he set off, Paddy was dead. How touched and fascinated he would have been to read this book. - Artemis Cooper, author of *Patrick Leigh Fermor: An Adventure* and co-editor *The Broken Road*

With *Walking the Woods and the Water*, Mr. Hunt has created an illuminating addition to what the travel writer Robert Macfarlane calls 'the literature of the leg'. The shepherds and the fishermen are long gone, but Mr. Hunt controls his nostalgia and avoids mimicking Leigh Fermor's flamboyant style. Still, his inspiration rubs off, like the skin on Mr. Hunt's feet. - *Wall Street Journal*



SAVAGE MOUNTAIN

BONITA NORRIS

One woman's journey to conquering the world's toughest and most dangerous summit. Gripping and inspiring, this is a story of determination, passion and overcoming fear.

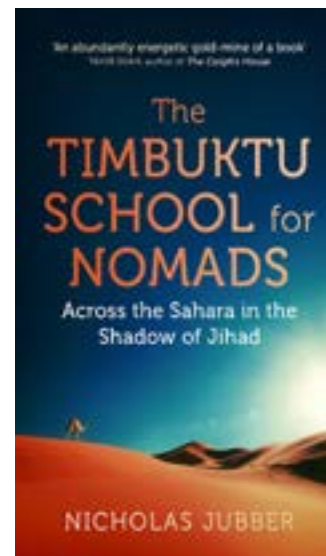
Bonita had been an anxious teenage girl with an eating disorder before being seduced by mountaineering at university. In July 2016 she will embark on an expedition to climb K2, the world's most dangerous mountain. The second highest peak on the planet K2 has one of the highest fatality rates of all mountains - more than eighty people have died attempting it. It's said to be particularly cursed for women: two exceptional female British mountaineers have reached the top but were killed on the descent over twenty years ago. No other woman has attempted it since.

Savage Mountain is the story of Bonita Norris' attempt. But much more than that it's about relationships under intense emotional pressure, asking why anyone would risk their life in pursuit of adventure.

Everything Bonita has learnt from climbing is here: all the highs and lows, the sacrifices, family pressures, the grueling training and then the climb itself - the risks, the suffering and pushing herself to her physical, emotional and mental limits.

1st JUNE 2017

Hardback 304 pages



SEPTEMBER 2016

Hardback, 320 pages

US RIGHTS: Nicholas Brealey Books



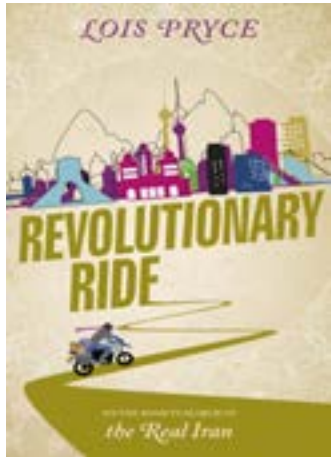
THE TIMBUKTU SCHOOL FOR NOMADS

NICK JUBBER

A deeply moving story of resilience and compassion in the face of terror as well as a grand adventure tale across the sands of the Sahara.

Nicholas Jubber set out in disguise on a journey with a nomadic caravan on a trek which crosses the Atlas Mountains, the Western Sahara and the Niger River, to uncover the mythic city, liberated after a full year under the black flag of jihadis.

Nick Jubber moved to Jerusalem to teach after graduating from Oxford University. He'd only been doing the job two weeks when the *intifada* broke out and he started hatching a plan to travel around the Middle East and East Africa.



JANUARY 2017

Hardback

US RIGHTS: Nicholas Brealey Books



REVOLUTIONARY RIDE: ON THE ROAD TO SHIRAZ

LOIS PRYCE

A spirited, quirky travel adventure inside Iran on a motorbike.

When tensions between Iran and the West were at an all-time high, adventurer and critically-acclaimed author Lois Pryce found a note left on her motorbike from a man named Habib, imploring its owner to visit his hometown of Shiraz to find out what Iranian people were really like.

Intrigued, Lois ignored the warnings and embarked on a 3,000-mile journey across Iran. She finds a people on the cusp of great change, with a strong sense of self and determined to enjoy themselves despite the fierce dictates imposed by the government.

Her journey takes her to Shiraz, resting place of Iran's most beloved poet, Hafez, and Iran's counter-cultural and artistic heart. She has a dramatic confrontation with the notorious Revolutionary Guard, stays the night with Kurdish shepherds and knocks back contraband vodka with the Tehranian party elite.

Revolutionary Ride lifts the veil on a misunderstood country and finds a gregarious, generous people. Relations between Iran and the West have thawed dramatically in the past couple of years, and the country is fast becoming a top destination for today's travellers.

Lois Pryce explores Iran's past and how it has shaped its present and how the West's relations with Iran have created an image of the country wildly out of step with the reality. Religious yet hedonistic, practical yet poetic, modern yet rooted in tradition: here is real contemporary Iran.



6th OCTOBER 2016

Hardback, 336 pages



FEAR

RANULPH FIENNES

Explorer and adventurer Sir Ranulph Fiennes explores the concept of fear, and shows us through his own experiences how we can push our boundaries in everyday life.

Sir Ranulph Fiennes has climbed the Eiger and Mount Everest. He's crossed both Poles on foot. He's been a member of the SAS and fought a bloody guerrilla war in Oman. And yet he confesses that his fear of heights is so great that he'd rather send his wife up a ladder to clean the gutters than do it himself.

In *Fear*, the world's greatest explorer delves into his own experiences to try and explain what fear is, how it happens and how he's overcome it so successfully. He examines key moments from history where fear played an important part in the outcome of a great event. He shows us how the brain perceives fear, how that manifests itself in us, and how we can transform our perceptions.

With an enthralling combination of story-telling, research and personal accounts of his own struggles to overcome fear, Sir Ranulph Fiennes sheds new light on one of humanity's strongest emotions.

Sir Ranulph Fiennes was the first man to reach both poles by surface travel and the first to cross the Antarctic Continent unsupported. In the 1960s he was removed from the SAS Regiment for misuse of explosives but, joining the army of the Sultan of Oman, received that country's Bravery Medal on active service in 1971. He is the only person yet to have been awarded two clasps to the Polar medal for both Antarctic and the Arctic regions.



SUMMER 2016

Hardback, 320 pages

US RIGHTS: Nicholas Brealey Books



DARE TO DO

SARAH OUTEN

Sarah Outen is an incredible adventurer and an inspiration.

Sarah Outen met with devastating catastrophe (losing her ship Gulliver after it capsized in a tropical storm), motivated people she met to do amazing things (like Gao, the Chinese man who decided to cycle 4000km with her across China despite not owning a bike), and encountered unbelievable beauty in the natural world.

This will be the story of her journey, but also a call to arms, to redefine your own boundaries, to be courageous, and to dare to do.

Sarah Outen graduated from Oxford University in 2007 and since then has become both the first woman and the youngest person to row solo across the Indian Ocean. Her first book, *A Dip in the Ocean*, documented this journey. She was appointed MBE in 2011.

HIDDEN NATURE

A VOYAGE OF DISCOVERY

ALYS FOWLER

A beautifully written exploration of life and urban nature.

Award winning guardian columnist and gardening writer Alys Fowler set out in an inflatable kayak to explore one hundred miles of Birmingham's crumbling canal network. This book is about noticing the wild everywhere and what it means to see beauty where you least expect it. Above all *Hidden Nature* is about losing and finding, exploring familiar places and discovering unknown horizons.

Alys Fowler is an award winning journalist and passionate gardener.



14th JULY 2017

Hardback, 320 pages



23rd FEBRUARY 2017

Hardback, 288 pages

WALKING THE AMERICAS

LEVISON WOOD

From the bestselling author of *Walking the Himalayas* and *Walking the Nile*, explorer Levison Wood begins his next challenging adventure - walking 1700 miles along the spine of the Americas from Mexico to Colombia.

Levison Wood begins his biggest challenge yet. Beginning in the north-eastern tip of Mexico, Levison will walk the entire length of Central America, through eight countries before attempting to cross the treacherous Darien Gap into Colombia and South America.

Walking the Americas will see Levison return to Mexico, where he lived for three months, and Belize - where he trained as a soldier with the British Army - before stepping into a part of the world he's never visited before and some of the most diverse, beautiful and unpredictable regions on earth.

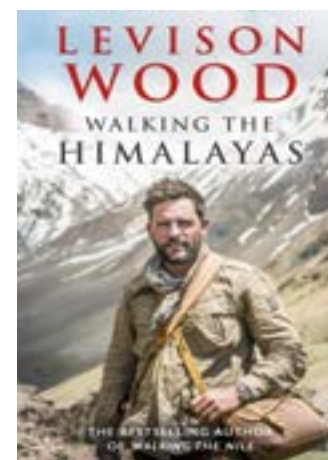
WALKING THE HIMALAYAS

LEVISON WOOD

From the bestselling author of *Walking the Nile*, explorer Levison Wood begins his next challenging adventure - walking the length of the Himalayas.

Levison Wood's most challenging expedition yet begins along the Silk Road route of Afghanistan and travels through five countries. Following in the footsteps of the great explorers, Levison walks the entire length of the Himalayas in an adventure of survival and endurance. Packed with action and emotion, more than anything *Walking the Himalayas* is a story of personal adventure and striving beyond the limits of convention.

Levison Wood is a full time explorer and writer. Having spent ten years in the British Army and led expeditions on five continents, he is more than qualified to attempt this feat.

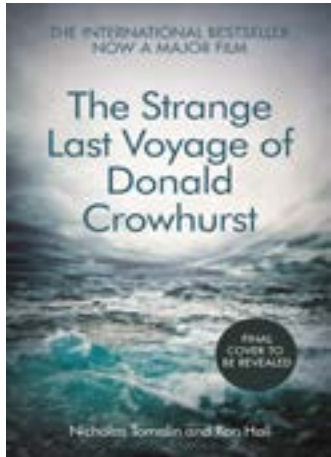


14th JANUARY 2016

Hardback, 336 pages

RIGHTS SOLD IN: US (Little, Brown) and Romanian (Editura Polirum)





1st DECEMBER 2016

Papreback, 320 pages

RIGHTS SOLD IN: Italian
(Gruppo Ugo Mursia Editore);
German (Piper Verlag GmbH);
Chinese - Simp (China SITIC) and
Dutch (Uitgeverij Hollandia)

US RIGHTS: Quercus US

H
HODDER &
STOUGHTON

THE STRANGE LAST VOYAGE OF DONALD CROWHURST

NICHOLAS TOMALIN AND RON HALL

Now a major motion picture starring Colin Firth and Rachel Weisz, directed by James Marsh (The Theory of Everything).

In 1968, Donald Crowhurst was trying to market a nautical navigation device he had developed, and saw the Sunday Times Golden Globe round the world sailing race as the perfect opportunity to showcase his product. Few people knew that he wasn't an experienced deep-water sailor. His progress was so slow that he decided to short-cut the journey, while falsifying his location through radio messages from his supposed course.

Everyone following the race thought that he was winning, and a hero's welcome awaited him at home in Britain. But on 10 July 1968, eight months after he set off, his wife was told that his boat had been discovered drifting in mid-Atlantic. Crowhurst was missing, assumed drowned, and there was much speculation that this was one of the great mysteries of the sea.

In this masterpiece of investigative journalism, Nicholas Tomalin and Ron Hall reconstruct one of the greatest hoaxes of our time. From in-depth interviews with Crowhurst's family and friends and telling excerpts from his logbooks, Tomalin and Hall develop a tale of tragic self-delusion and public deception, a haunting portrait of a complex, deeply troubled man and his journey into the heart of darkness.

Nicholas Tomalin studied English literature at Trinity Hall, Cambridge. He was a featured columnist for the Daily Express, the Sunday Times, and the Evening Standard, before becoming literary editor of the New Statesman.

Ron Hall was co-founder of the Sunday Times' investigative unit 'Insight', where he was editor from 1964-66, and became managing editor of the Sunday Times in 1969. He died aged 79 in 2014.

HUMOUR

HURRAH FOR GIN

A book for perfectly imperfect parents



KATIE KIRBY

6th OCTOBER 2016

Hardback, 320 pages



HURRAH FOR GIN

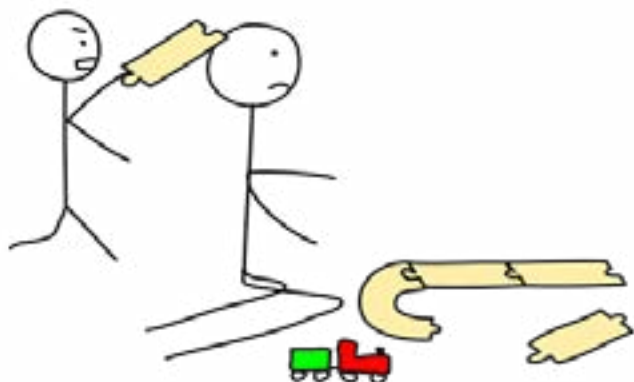
KATIE KIRBY

A no-nonsense, incredibly funny, always brutally honest and sometimes vulnerable portrayal of family life illustrated with hilarious cartoons that highlight the daily struggles of parenting.

This book is not a how-to-guide. It won't tell you how to get your baby to sleep, how to deal with toddler tantrums, how to be a good parent, a cool parent or even a renegade parent. But it is richly compiled of personal stories and humorous illustrations that demonstrate that you don't have to be the perfect parent in order to have a happy family and that it is perfectly possible to love your children with the whole of your heart whilst finding them incredibly irritating at the same time.

From pregnancy to starting school, *Hurrah For Gin* embraces the good and the bad, the highs and the lows of parenthood in a hilariously refreshing way.

Having read all the parenting books going and quickly filed their 'one size fits all' advice in the bin, [Katie Kirby](#) realised there wasn't anywhere for real parents to turn and so she decided to write about her own experiences of being a mother to two young boys.



17th NOVEMBER 2016

Hardback, 320 pages

SAY JA TO HYGGE

DR MAGUS OLSENSEN

The Danish "hygge" lifestyle is all about feeling snug, gentle, warm and satisfied; cuddling up on a sofa or sipping hot chocolate while bathed in soft candlelight.

But how should you go about finding your special cosy place?

Step forward Dr Magnus Olsen who claims to be from the Institute of Wellbeing in Aarhus. Let Dr Olsen be your hilarious guide to finding hygge in every area of your life - from the office to the bedroom.

[Dr Olsen](#) has dedicated his career to researching the "science of warm feelings". Now - for the first time - he has combined all his findings, advice and questionable expertise in one agreeable volume.



6th OCTOBER 2016

Hardback, 320 pages

RIGHTS SOLD IN PREVIOUS
TITLES: Korean (BookDuck);



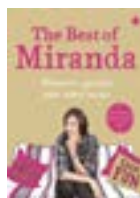
PEGGY AND ME

MIRANDA HART

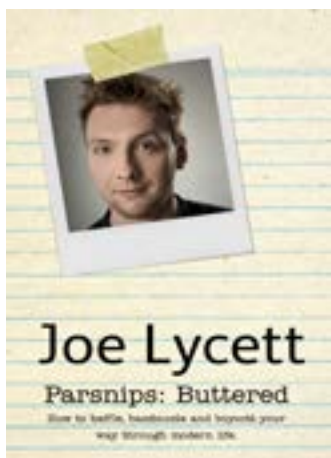
The new book by bestselling author of *Is it Just Me?*

Peggy and Me is Miranda Hart's hilarious account of life with her best companion - the gorgeous white bichon frise Peggy. Peggy is smart and knows Miranda almost better than she knows herself. Their adventures together - with witty line illustrations - will delight not just dog-lovers but Miranda's huge numbers of fans among young and old.

Miranda Hart has since been crowned the Queen of Comedy at the British Comedy Awards and won Best new TV comedy, as well as winning best actress in 2010 and 2011. She has also won three RTS comedy awards and has been nominated for four BAFTAs.



LANGUAGES



6th OCTOBER 2016

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JOE LYCETT

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Joe Lycett is a rising comedy star with bundles of stage presence and effortless charm. An Edinburgh Comedy Award Best Newcomer nominee and a Chortle Award winner.



SEPTEMBER 2016

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In 2003, Irish native Benny Lewis spoke only one language: English. After university, he moved to Spain and was soon frustrated that he could not speak Spanish after six months of trying. So he decided to abandon traditional learning approaches, and everything changed. Today Benny is known as The Irish Polyglot and speaks over 10 languages—all self-taught—seven at a fluent level, including Mandarin Chinese, Arabic, French, German, Spanish, Italian, Portuguese, and Hungarian.

He uses his languages to travel the world and explore other cultures, living out of his backpack. He won National Geographic Traveller of the Year in 2013. He has given TedX Talks. And he speaks about the importance of languages and how to learn languages to people across the globe, including corporations such as Trivago, and universities.

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7th APRIL 2016

Paperback, 224 pages



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ITALIAN TUTOR

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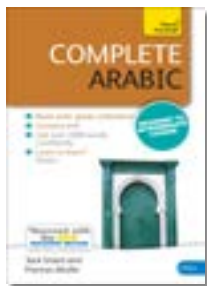
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Maria Guarnieri teaches at the University of Leicester. Federica Sturani teaches in the School of Languages, Cultures and Area Studies at the University of Liverpool. They are both experienced in teaching Italian to students of all language backgrounds and at all levels from beginner to advanced. They have been collaborating on Italian teaching and publishing projects for many years.

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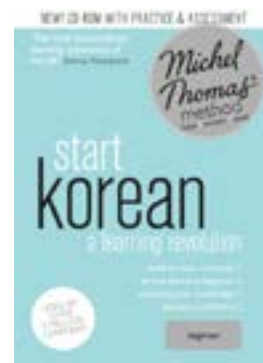
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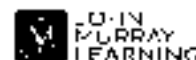
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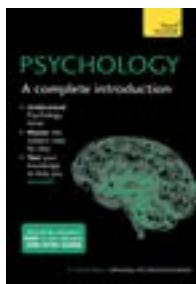
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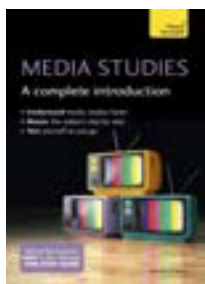


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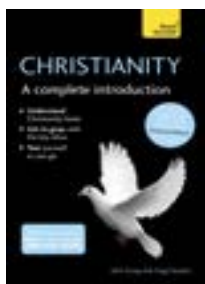


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6th APRIL 2017

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6th APRIL 2017

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[Alister McGrath](#) is the Andreas Idreos Professor of Science and Religion at Oxford University, and Fellow of Harris Manchester College, Oxford.



20th APRIL 2017

Hardback, 256 pages

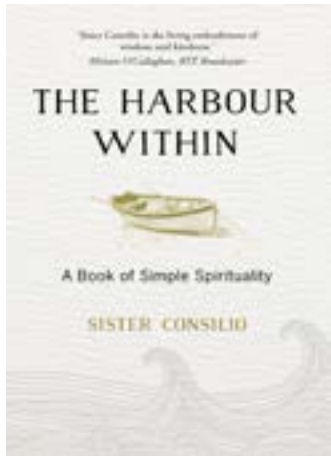
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DAVE TOMLINSON

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[Dave Tomlinson](#) he founded the legendary Holy Joe's, a church in a pub in Clapham for disaffected church drop-outs. He is now Vicar of St Luke's, Holloway, a thriving parish



3rd NOVEMBER 2017

Hardback, 208 pages

THE HARBOUR WITHIN: A BOOK OF SIMPLE SPIRITUALITY

SISTER CONSILIO

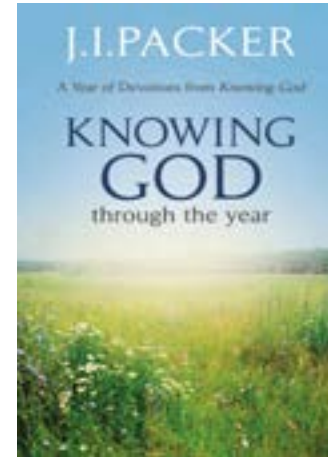
An inspiring book of down-to-earth spirituality for anyone searching for a sense of peace in today's world

In today's busy world, we can get caught up with the worries and stresses of life. We live in our heads, as we move at lightning pace from one thing to the next.

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From a seven-day guide to living at soul level, to thoughts and inspirations to carry you through difficult times, *The Harbour Within* shows us how we can discover a place of peace, unconditional love and joy - a harbour within.

[Sister Consilio](#) was born in 1937 in Brosna, County Kerry. She was one of seven children and her upbringing in Kerry with her parents and brothers and sisters had a profound effect on her faith, establishing in her a spirituality which has carried her through life.



6th OCTOBER 2016

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KNOWING GOD THROUGH THE YEAR

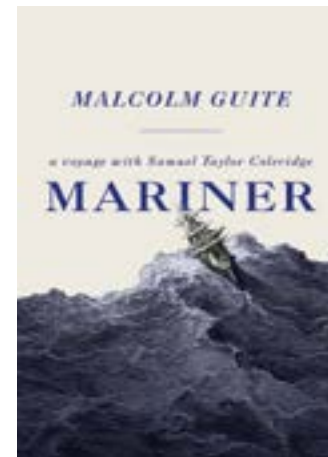
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J. I. Packer

[J. I. Packer](#) is an eminent theologian. Professor Emeritus at Regent College, Vancouver, he is a bestselling author known the world over for such classics as *Knowing God*. He is considered to be one of the most important evangelical theologians of the late 20th century church in north London.



9th FEBRUARY 2017

Hardback, 352 pages



MARINER

MALCOLM GUITE

An authoritative and accessible new life of Coleridge told through his most famous poem, 'The Rime of the Ancient Mariner'.

A new biography of Samuel Taylor Coleridge, shaped and structured around the story he himself tells in his most famous poem, 'The Rime of the Ancient Mariner'.

As Coleridge himself came to realise much later, this tale was to be the shape of his own life. In this rich new biography, academic, priest and poet Malcolm Guite draws out how with an uncanny clarity, image after image and event after event in the poem became emblems of what Coleridge was later to suffer and discover.

[Malcolm Guite](#), a poet, theologian, and song-writer, is the Chaplain of Girton College, Cambridge where he also teaches for the Divinity Faculty. He lectures widely in England and North America on theology and literature.



GOD IS STRANGER

KRISH KANDIAH

In this deep and insightful book Krish Kandiah turns the tables on what we think we know about God.

Taking a fresh look at Bible passages he thought he knew inside out, Krish Kandiah was struck by the uncomfortable recognition that when God turns up he seems to be much more likely to startle or frighten us, even start a fight on a dark night, than to sit down for a cosy chat.

This God seems like a stranger. The one certainty seems to be that he is not like us. Wrestling with these Bible stories, Krish uncovers the truth of a God whose very unpredictability, his challenging strangeness, is the strongest indication of his real presence.

Krish Kandiah is Founder and Director of the adoption and fostering charity Home for God, Chair of the Theological Advisory Panel for Tearfund and a member of the Spring Harvest leadership team.

16th MARCH 2017

Hardback, 356 pages



A NEARLY INFALLIBLE HISTORY OF THE REFORMATION

NICK PAGE

22nd JUNE 2017

Hardback, 320



HOME

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